



2019 Canadian National Taekwondo Championships Recognized Poomsae Draws

CATEGORY	DIVISION	SEMI-FINAL		FINAL	
INDIVIDUAL (MALE)	YOUTH			Taegeuk 5 Jang	Taegeuk 7 Jang
	CADET			Taegeuk 8 Jang	Taegeuk 7 Jang
	JUNIOR	Taegeuk 5 Jang	Keumgang	Koryo	Taegeuk 8 Jang
	U30			Taebaek	Taegeuk 7 Jang
	U40			Taebaek	Koryo
	U50			Taegeuk 8 Jang	Keumgang
	U60			Keumgang	Chonkwon
	U65			Keumgang	Hansu
	O65			Pyongwon	Koryo
INDIVIDUAL (FEMALE)	YOUTH			Taegeuk 5 Jang	Koryo
	CADET	Keumgang	Taegeuk 4 Jang	Taegeuk 6 Jang	Taegeuk 8 Jang
	JUNIOR	Taegeuk 7 Jang	Taegeuk 4 Jang	Taegeuk 5 Jang	Taegeuk 6 Jang
	U30			Taegeuk 7 Jang	Shipjin
	U50			Chonkwon	Keumgang
	U60			Koryo	Chonkwon
PAIR	YOUTH			Taegeuk 8 Jang	Taegeuk 7 Jang
PAIR	CADET			Taegeuk 7 Jang	Taegeuk 8 Jang
	JUNIOR	Keumgang	Taegeuk 4 Jang	Taegeuk 8 Jang	Koryo
TEAM (MALE)	CADET			Keumgang	Taegeuk 7 Jang
	JUNIOR			Taegeuk 7 Jang	Taegeuk 6 Jang
TEAM (FEMALE)	CADET			Keumgang	Taegeuk 4 Jang
	JUNIOR			Taegeuk 6 Jang	Koryo



CATEGORY	DIVISION	SEMI-FINAL		FINAL	
PAGQ INDIVIDUAL (MALE)				Shipjin	Taegeuk 8 Jang
PAGQ INDIVIDUAL (FEMALE)				Keumgang	Taegeuk 8 Jang
UNIVERSIADE TEAM (MALE)				Koryo	Keumgang
UNIVERSIADE TEAM (FEMALE)				Shipjin	Taegeuk 8 Jang
PARA (MALE)	P20			1 st poomsae of choice from T1 to Shipjin	2 nd poomsae of choice from T1 to Shipjin

Note:

The drawing of lots for both the Pan Am Games Qualification (PAGQ) and the Universiade categories will be drawn from the U30 compulsory poomsae per the WT Pomsae Competition Rules and Interpretation.