



**2019 Pan Am Taekwondo Cadet and Junior Championships
Event Team: Poomsae**

Selection Protocol

Date approved: 2018 – 12 – 04

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1 Introduction

- 1.1 Taekwondo Canada, through its membership in World Taekwondo, will be eligible to send a team to the 2019 Pan Am Taekwondo Cadet and Junior Championships Poomsae Team.
- 1.2 This document sets out the process for identifying those athletes who will be invited by Taekwondo Canada to be named to the 2019 Pan Am Taekwondo Cadet and Junior Championships Poomsae Team.
- 1.3 2019 Pan Am Taekwondo Cadet and Junior Championships – Poomsae at the time of this publication is to be announced by the Pan Am Taekwondo Union (PATU).
- 1.4 Selection for the 2019 Pan Am Taekwondo Cadet and Junior Championships Poomsae Team does not automatically provide financial funding for event participation.
- 1.5 Final decisions on the selection of athletes to participate in the 2019 Pan Am Taekwondo Cadet and Junior Poomsae Championships shall be made by the Executive Director based on recommendations by the Taekwondo Canada Performance Director.
- 1.6 Taekwondo Canada's objective is to identify the Canadian athletes to be named to the 2019 Pan Am Taekwondo Cadet and Junior Championships Poomsae Team.



2 Eligibility requirements

- 2.1 Junior athletes must be born in the years January 1, 2002 to December 31, 2004.
- 2.2 Cadet athletes must be born in the years January 1, 2005 to December 31, 2007.
- 2.3 Be a Canadian Citizen at the time of the 2019 Canadian National Taekwondo Championships.
- 2.4 Be a registered affiliated participant in good standing of Taekwondo Canada.
- 2.5 Be a Kukkiwon Poom/Dan certificate holder.
- 2.6 Hold a valid World Taekwondo Global Athlete License (GAL).
- 2.7 Currently be eligible to represent Canada at major international events under the eligibility requirements of World Taekwondo and Taekwondo Canada.
- 2.8 Adhere to the [World Anti-Doping Code](#).
- 2.9 To be named to the 2019 Pan Am Taekwondo Cadet and Junior Championships Poomsae team, athletes must sign an Athlete Agreement and Code of Conduct as required by Taekwondo Canada.
- 2.10 These protocols are subject to change if there are changes initiated by World Taekwondo and Pan Am Taekwondo Union.



3 Poomsae Categories

- 3.1 Poomsae categories for the Cadet and Junior Pan Am Championships are in accordance with the WT divisions.
- 3.2 The Cadet and Junior Poomsae categories are:

Cadet Recognized Poomsae (12-14)				
Individual		Pair	Team	
Male	Female	One (1) Male and One (1) Female	Three (3) Male	Three (3) Female
Junior Recognized Poomsae (15-17)				
Individual		Pair	Team	
Male	Female	One (1) Male and One (1) Female	Three (3) Male	Three (3) Female
Freestyle Poomsae (U17)				
Individual		Pair	Mixed Team	
Male	Female	One (1) Male and One (1) Female	Two (2) Male and Three (3) Female or Three (3) Male and Two (2) Female	

4 Selection Process

- 4.1 A Canadian selection event for 2019 Pan Am Taekwondo Cadet and Junior Championships Poomsae Team will occur within the 2019 Canadian National Championships.
- 4.2 The winner in each World Taekwondo Cadet and Junior Poomsae Category at the 2019 Canadian National Championships will be invited to the 2019 Pan Am Taekwondo Cadet and Junior Championships Poomsae Team.



5 General Requirements to Maintain Invitation to Team or Alternate

- 5.1 Maintain ongoing requirements to be eligible for and to maintain the invitation;
- 5.2 Sign the Athlete Agreement and Code of Conduct as required by Taekwondo Canada to compete at the 2019 Pan Am Taekwondo Cadet and Junior Poomsae Championships;
- 5.3 Submission of a required medical examination report when requested by the Performance Director or designate. Additionally, an emergency report is to be filed when necessary.
- 5.4 Invited athletes might be required to provide a plan of preparation to be competition ready for the approved events, 2019 Pan Am Taekwondo Cadet and Junior Poomsae Championships and, upon request, to prove appropriate competitive readiness for these events through the submission of a preparation plan.
 - 5.4.1 A Training and Competition Plan may be required and if required it must be provided as follows:
 - 5.4.1.1 The athlete's training schedule, plans and targets
 - 5.4.1.2 Injury prevention and medical intervention strategies, if applicable.
 - 5.4.2 Athletes must file:
 - 5.4.2.1 A medical fitness report when requested;
 - 5.4.2.2 A Medical or Emergency Incident report if the athlete suffers an injury, illness, or disability that may affect meeting training targets, ongoing Performance and training or prevent the athlete from competing in the applicable competitions.
- 5.5 Loss of Invitation or Alternate Status
 - 5.5.1 An Invitation to an athlete may be withdrawn at any time, even after notification, acceptance, or signing of an Athlete's Agreement, if in the opinion of the Executive Director the athlete has failed to:
 - 5.5.1.1 fulfill eligibility to be selected and be Invited (to the team or as an alternate); or
 - 5.5.1.2 fulfill ongoing obligations of the athlete under this policy.
- 5.6 Following team announcement, any such removals are subject to the approval of the Executive Director based on the recommendations of the Performance Director.



6 Exceptional Circumstances

- 6.1 An athlete who does not meet the selection process set out above may be considered for selection if she or he meets the conditions of the Exceptional Circumstances provisions.
- 6.2 Should an injury or unforeseen circumstance prevent the selected athlete from competing on the 2019 Pan Am Taekwondo Cadet and Junior Championships Poomsae Team the athlete must notify Taekwondo Canada in writing within 10 days of the injury or circumstance. The decision to select an alternate is at the sole discretion of the Executive Director based on recommendations by the Taekwondo Canada Performance Director.
- 6.3 In the event of an injured athlete, only a medical doctor licensed in Canada can make the final medical recommendation. Should there be a difference of opinion amongst health care providers, the official licensed medical doctor for Taekwondo Canada will have final authority.

7 Approval and Appeal Process

- 7.1 Final decisions on the selection of athletes to participate on the 2019 Pan Am Taekwondo Cadet and Junior Championships Poomsae Team shall be made by the Executive Director based on recommendations by the Taekwondo Canada Performance Director.
- 7.2 Issues not otherwise addressed by this Selection Protocol shall be resolved by the Executive Director based on recommendations by the Taekwondo Canada Performance Director.
- 7.3 Any decision relating to this protocol may be appealed by an athlete who is materially affected by that decision and who is a registered participant of Taekwondo Canada in good standing. Appeals must be conducted in accordance with the Taekwondo Canada appeals policy.
- 7.4 If both parties agree, the Taekwondo Canada Appeals Policy can be by-passed, and the matter can be brought immediately before the Sport Dispute Resolution Centre of Canada (SDRCC) who will then manage the appeals process.



8 General

8.1 Key Target Dates:

January 9 to 12, 2019	2019 Pan Am Taekwondo Cadet and Junior Championship – Poomsae Canadian Selection Event
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March 2019	Deadline for Athlete Agreement and Code of Conduct
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8.2 Issues not otherwise covered by this document are subject to the decision of the Executive Director based on recommendations by the Taekwondo Canada Performance Director.