



POOMSAE COMMITTEE TERMS OF REFERENCE

I. PURPOSE

The purpose of the Poomsae Committee (the “Committee”) is to

- A. Oversee Poomsae development and delivery across Taekwondo Canada (“TC”); and
- B. Assist the High Performance Director and National Poomsae Head Coach in fulfilling its obligations relating to selection criteria, protocol and to establish a training plan of continuity and development for international results;
- C. assess and make recommendations regarding training and establish and help lead the process for developing potential training plans, training camps, seminars, and workshops.

II. COMPOSITION AND OPERATIONS

- A. The Committee shall be composed of not fewer than five directors and not more than seven members.
- B. Open to TC Members, Coaches, Athletes, Board Members, and WT Poomsae supporters with advanced knowledge of WT Sport Poomsae.
- C. The Committee shall meet at least 3 times each year.
- D. The National Poomsae Head Coach shall be the Chair to the Committee.

III. POOMSAE COMMITTEE DUTIES AND RESPONSIBILITIES

- A. Assist in the strategic planning of matters relating to Sport Poomsae development and delivery across TC.
- B. Maintain current knowledge of rules, standards, and policies of Poomsae rules as set out by World Taekwondo (“WT”).
- C. Assist in monitoring and developing quality standards and up to date training methods for Poomsae Coaches and athletes.





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D. Assist in selection criteria and protocols for National Poomsae teams to attend International events.

E. Help manage the delivery of the annual Poomsae Team Selection tournaments.

