



**2021 Online Canadian Recreational Poomsae
National Championships
Week 1 (February 13 & 14, 2021) Results**

**Championnat national canadien virtuel de pomsé
non-compétitif 2021
Semaine 1 (13 et 14 février 2021)**

INDIVIDUAL FEMALE: 10-8 GUP – BORN 2014+			
Rank	Name	Province	Club Name
1	Maria Morales	Manitoba	Tactical Taekwondo

INDIVIDUAL MALE: 10-8 GUP – BORN 2014+			
Rank	Name	Province	Club Name
1	Tessan Jang	Québec	M.T.L Taekwondo
2	Mikolo Navoa	Manitoba	Spirit 1 Taekwondo Academy
3	Xantheus Zaiden Gamulao	Manitoba	Spirit 1 Taekwondo Academy
3	Evan Golubovskiy	Ontario	Master Myung's Taekwondo Academy - Thornhill
5	Hubert Lam	Ontario	Markham Taekwondo
6	Lucas Mazin	Manitoba	Tactical Taekwondo

INDIVIDUAL FEMALE: 10-8 GUP – BORN 2012-2013			
Rank	Name	Province	Club Name
1	Méarie Jang	Québec	M.T.L Taekwondo
2	Yana Cauyan	Manitoba	Spirit 1 Taekwondo Academy
3	Shennaë Ethier	Saskatchewan	Kee's Taekwondo - Yorkton
3	Julienne Atag	Saskatchewan	Kee's Taekwondo - Yorkton
5	Olivia Hawks	Manitoba	Tactical Taekwondo



TAEKWONDO CANADA

INDIVIDUAL MALE: 10-8 GUP – BORN 2012-2013

Rank	Name	Province	Club Name
1	Jaethro Reiner de Luna	Manitoba	Spirit 1 Taekwondo Academy
2	Desmond Yeung	Ontario	Brampton Olympic Taekwondo
3	Theodore Dela Torre	Manitoba	Spirit 1 Taekwondo Academy
3	Bennett Gramyk	Saskatchewan	Kee's Taekwondo

INDIVIDUAL FEMALE: 10-8 GUP – BORN 2010-2011

Rank	Name	Province	Club Name
1	Zoe Langan	Ontario	Dragon Taekwondo Academy
2	Fiona Kalbfleisch	British Columbia	Cascadia Martial Arts
3	Maria Mikhaiel	Saskatchewan	Kee's Taekwondo - Saskatchewan
3	Zoe Jagessar-Ram	Ontario	Dragon Taekwondo Academy

INDIVIDUAL MALE: 10-8 GUP – BORN 2010-2011

Rank	Name	Province	Club Name
1	Cole Mac Isaac	Saskatchewan	Velocity Taekwondo
2	Harrison Chaulk	Newfoundland and Labrador	Earles Tae Kwon Do

INDIVIDUAL FEMALE: 10-8 GUP – BORN 2007-2009

Rank	Name	Province	Club Name
1	Izabella Filice	Ontario	Black Belt World
2	Aimee Bell	Saskatchewan	Kee's Taekwondo - Yorkton

INDIVIDUAL MALE: 10-8 GUP – BORN 2007-2009

Rank	Name	Province	Club Name
1	Ethan Hrbacek	Ontario	Kick Nation Taekwondo
2	Aiden Hrbacek	Ontario	Kick Nation Taekwondo
3	Tyler Mac Isaac	Saskatchewan	Velocity Taekwondo



INDIVIDUAL FEMALE: 10-8 GUP – BORN 2004-2006

Rank	Name	Province	Club Name
1	Ckintin Cortez	Saskatchewan	Velocity Taekwondo
2	Séréna Apollo Jenna	Northwest Territories	T'idene Taekwondo Club

INDIVIDUAL FEMALE: 10-8 GUP – BORN 1991-2003

Rank	Name	Province	Club Name
1	Nour Fenniche	Québec	Monrose Taekwondo Académie

INDIVIDUAL FEMALE: 10-8 GUP – BORN 1971-1990

Rank	Name	Province	Club Name
1	Wendy Evans	Saskatchewan	Velocity Taekwondo
2	Jo-Lynn Mac Isaac	Saskatchewan	Velocity Taekwondo

INDIVIDUAL MALE: 10-8 GUP – BORN 1971-1990

Rank	Name	Province	Club Name
1	Clarence Lew	British Columbia	Jeon Eui Taekwondo
2	Kyel Skerten	Saskatchewan	Velocity Taekwondo
3	Rakesh Ram	Ontario	Dragon Taekwondo Academy

INDIVIDUAL MALE: 10-8 GUP – BORN <=1970

Rank	Name	Province	Club Name
1	Lawrence Friesen	Saskatchewan	Velocity Taekwondo



TAEKWONDO CANADA

PAIRS: 4-1 GUP – BORN 2010-2011			
Rank	Name	Province	Club Name
1	Aidan Yeung Miyoko Chan	British Columbia	Jeon Eui Taekwondo
2	Haydrian Wen Arielle Su	British Columbia	Jeon Eui Taekwondo
3	Jake Young Jason Young	Ontario	5 Rings Taekwondo

PAIRS: 4-1 GUP – BORN 2007-2009			
Rank	Name	Province	Club Name
1	Matthew Koh Thomas Kwok	British Columbia	Jeon Eui Taekwondo

PAIRS: 4-1 GUP – BORN 1971-1990			
Rank	Name	Province	Club Name
1	Lena Jones Jennifer Pillay	Alberta	Tiger Taekwondo

PAIRS: 4-1 GUP – BORN <=1970			
Rank	Name	Province	Club Name
1	Monique Huurman David Schlachter	British Columbia	I Love Martial Arts



Random winner for the white focus pad
from Dando Sports:

Jo-Lynn Mac Isaac