

2021 KOREAN AMBASSADOR'S CUP



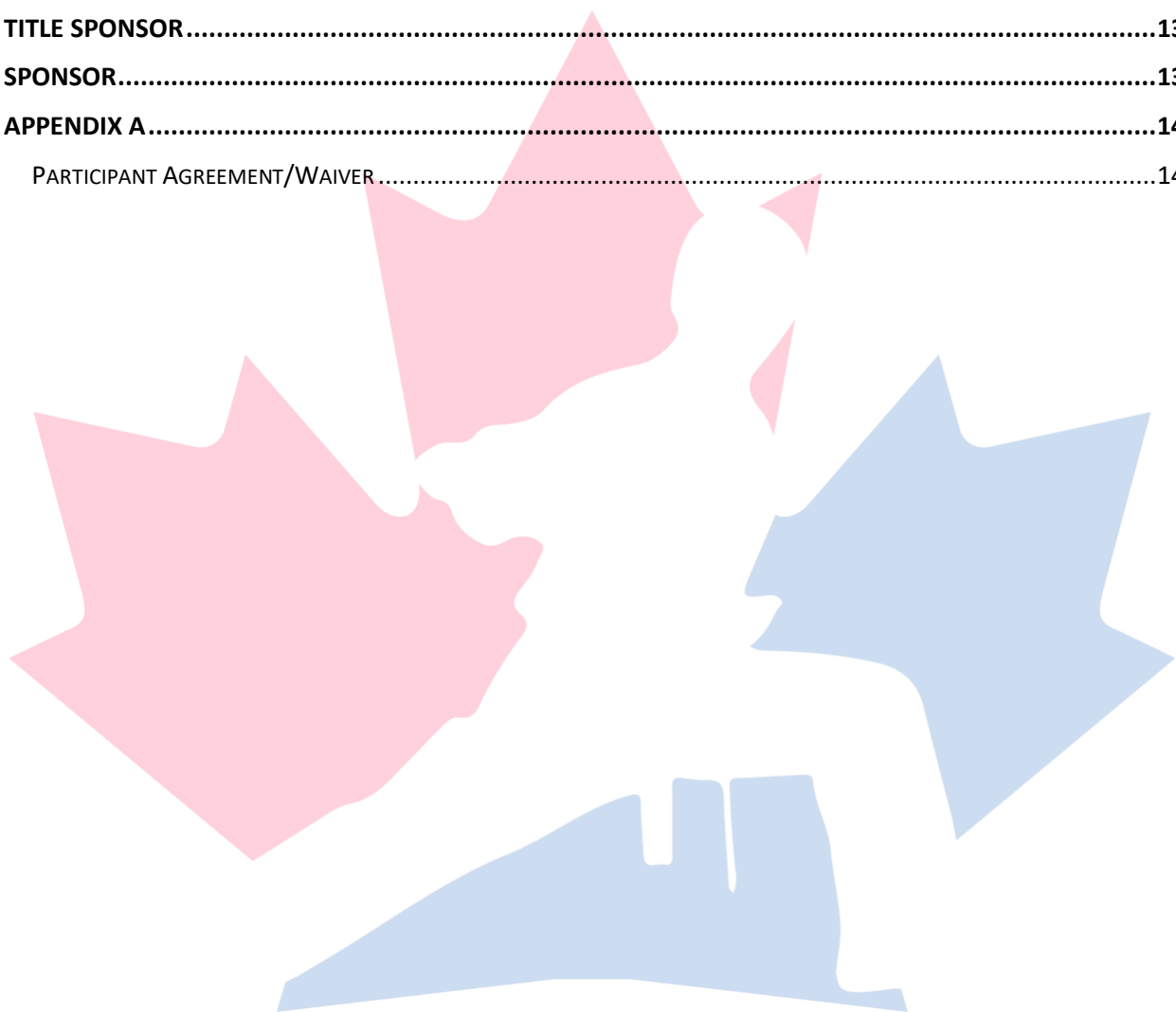
INFORMATION PACKAGE

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ORGANIZATION

TITLE SPONSOR

Embassy of the Republic of Korea
150 Elgin Street, Unit 101, Ottawa, Ontario
K2P 1L4
Email: canada@korea.kr
Telephone: (613) 233-800

EVENT ORGANIZER

Taekwondo Canada
2451 Riverside Drive, Ottawa, Ontario
K1H 7X7
Email: events@taekwondo-canada.com
Telephone: (613) 695-5425 ex: 5

EVENT DATE

- ▶ October 2-3, 2021

PLATFORM

- ▶ Online platform through YouTube to collect video submissions

ELIGIBILITY

ATHLETES

- ▶ Must be registered and in good standing with their P/TSOs and Taekwondo Canada
- ▶ Black Belt athletes must have a Kukkiwon Certificate

PARA ATHLETES

- ▶ In addition to the above athlete requirements Para Poomsae Athletes require INAS eligibility as seen on the INAS master list

COMPETITION FORMAT

POOMSAE COMPETITION

- ▶ Competition will be held through pre-recorded videos
- ▶ All videos must abide by the video recording technical specifications published by World Taekwondo (See [Video Requirements](#) section)

- ▶ Poomsae videos will be uploaded using a single video to the athlete's personal or club YouTube channel
- ▶ Video YouTube links must be submitted on the registration form at the time of registration prior to the deadline
 - ▶ High Performance Athletes will submit a video link for each of their poomsae (two (2) separate video links)
- ▶ **Recreational athletes:** Select one compulsory poomsae of their choice from those listed in their division outlined in the Poomsae Competition Sections ([Recreational](#))
- ▶ **High-Performance athletes (Recognized):** Poomsae Draws will be released on the Taekwondo Canada website on September 20, 2021 no later than 12:00 PM ET in accordance with [World Taekwondo rules](#)
- ▶ **Para athletes:** Select one poomsae of the athlete's choice ([Para](#))

SCORING

- ▶ A minimum of three (3) judges will score both presentation and accuracy
 - ▶ The average of the scores will be the athlete's final score
- ▶ The maximum possible score based on presentation and accuracy is 10.0
- ▶ In the event of a tie, the athlete with the higher presentation score will determine the winner
 - ▶ If the score is still tied, then the two videos shall be scored by a panel of at least three (3) different judges

JUDGING

- ▶ Judging will occur over the Saturday and Sunday (competition dates), with results being determined by the highest average score
- ▶ Poomsae judging will not be live or streamed online

RESULTS

- ▶ Results will be determined using the highest average scores
- ▶ Results will be posted on the Taekwondo Canada website on the Tuesday, October 5, 2021

VIDEO REQUIREMENTS

- ▶ All videos must abide by the video recording technical specifications published by World Taekwondo (See technical specifications [here](#))
- ▶ **Entirety of the Poomsae must be captured in one continuous recording**
 - ▶ * **Beginning from *Charyeot* (attention) stance and ending at *Shi-o* (rest).** Any video that is not one continuous recording and begins partway through the poomsae will not be scored and marked as disqualified *
 - ▶ Video editing is prohibited
- ▶ Videos can be recorded indoors or outdoors
- ▶ Displays of political, religious and non-recognized NOC flags are prohibited
- ▶ All YouTube videos should be titled using the following format: First initial, Last Name, Birth year, Sex, Division, and Poomsae (ie. B.Rich, 1994, Female, Recreational 7-5 Gup, Taeguk 4)
 - ▶ Pairs/Teams only need to list the first initial and last name of one individual, however ensure that Pairs or Teams is written in the title (ie. B.Rich, 1994, Female, HP Black Belt Pairs, Koryo)

REGISTRATION

- ▶ Registrations will be completed using an online form located on the [Taekwondo Canada website](#)
 - ▶ Registration Form can also be accessed [here](#)
- ▶ **REGISTRATION OPENS:** Monday, September 20, 2021 at 12:00 AM ET
- ▶ **REGISTRATION DEADLINE:** Monday, September 27, 2021 at 11:59 PM ET

REGISTRATION FEES

CATEGORY	REGISTRATION RATE
Recreational Poomsae	FREE
High Performance Poomsae (Recognized and Freestyle)	\$50 CAD per entry
Para Poomsae	FREE

- ▶ **Notes:**
 - ▶ For Pairs or Teams, only one registration form must be submitted
 - ▶ Athletes are permitted to compete in one category
 - ▶ Recreational Poomsae OR High Performance Poomsae OR Para Poomsae

- ▶ High Performance athletes are permitted to compete in multiple events in the High-Performance category (Individual Recognized, Individual Freestyle, Pairs/Teams Recognized, Pairs/Teams Freestyle)

RECREATIONAL POOMSAE COMPETITION

INDIVIDUAL MALE OR INDIVIDUAL FEMALE

DIVISION	AGE	BORN	COMPULSORY POOMSAE
10-8 Gup	Children U7	2014+	Taeguk 1 OR 2
	Children 8-9	2012-2013	
	Youth	2010-2011	
	Cadet	2007-2009	
	Junior	2004-2006	
	U30	1991-2003	
	U40	1981-1990	
	U50	1971-1980	
	U60	1961-1970	
	U65	1956-1960	
	O65	1955 and earlier	

DIVISION	AGE	BORN	COMPULSORY POOMSAE
7-5 Gup	Children U7	2014+	Taeguk 3, 4 OR 5
	Children 8-9	2012-2013	
	Youth	2010-2011	
	Cadet	2007-2009	
	Junior	2004-2006	
	U30	1991-2003	
	U40	1981-1990	
	U50	1971-1980	
	U60	1961-1970	
	U65	1956-1960	
	O65	1955 and earlier	

DIVISION	AGE	BORN	COMPULSORY POOMSAE
4-1 Gup	Children U7	2014+	Taeguk 6, 7 OR 8
	Children 8-9	2012-2013	
	Youth	2010-2011	
	Cadet	2007-2009	
	Junior	2004-2006	
	U30	1991-2003	
	U40	1981-1990	
	U50	1971-1980	
	U60	1961-1970	
	U65	1956-1960	
	O65	1955 and earlier	



DIVISION	AGE	BORN	COMPULSORY POOMSAE
Black Belt	Children U7	2014+	Koryo, Keumgang OR Taebaek
	Children 8-9	2012-2013	
	Youth	2010-2011	
	Cadet	2007-2009	
	Junior	2004-2006	
	U30	1991-2003	
	U40	1981-1990	
	U50	1971-1980	
	U60	1961-1970	
	U65	1956-1960	
	O65	1955 and earlier	

EQUIPMENT

- ▶ Any World Taekwondo (WT) style uniform

DEDUCTIONS

- ▶ Major accuracy deductions (-0.3) will apply for the following at each instance:
 - ▶ Extra step taken to move around object or due to inadequate space
 - ▶ Missing kihap and/or stomp
 - ▶ Hand and/or foot movement out of the camera's view or due to poor lighting
- ▶ A one-time -0.6 deduction will apply for each of the following occurrences:
 - ▶ Camera moving during performance (no zooming in/out or panning left/right permitted)
 - ▶ Object, person, or pet coming into view during poomsae
 - ▶ Wearing footwear and/or hand coverings (ie. shoes, socks, gloves, etc.)
 - ▶ Restart
- ▶ Disqualification:
 - ▶ Athlete performs a poomsae other than the designated poomsae for his/her division
 - ▶ Video does not comply with the recording guidelines provided by World Taekwondo (see [Video Requirements](#))

AWARDS

CERTIFICATE OF ACHIEVEMENT

- ▶ Certificates of Achievement will be awarded to the top four (4) individuals in each division
 - ▶ These certificates will be printed as hardcopies and mailed to each individual's taekwondo club

CERTIFICATE OF PARTICIPATION

- ▶ Certificates of Participation will be sent to all individuals that participated in the 2021 Korean Ambassador's Cup
 - ▶ These certificates will be delivered via email

HIGH-PERFORMANCE POOMSAE COMPETITION

RECOGNIZED POOMSAE

INDIVIDUAL MALE OR INDIVIDUAL FEMALE

DIVISION	AGE	BORN	POOMSAE
High-Performance Black Belt	Cadet	2007-2009	Poomsae Draws to be announced on September 20, 2021
	Junior	2004-2006	
	U30	1991-2003	
	U40	1981-1990	
	U50	1971-1980	
	U60	1961-1970	
	U65	1956-1960	
	O65	1955 and earlier	

PAIRS AND TEAMS

DIVISION	AGE	BORN	POOMSAE
High-Performance Black Belt	Cadet	2007-2009	Poomsae Draws to be announced on September 20, 2021
	Junior	2004-2006	
	U30	1991-2003	
	O30	1990 and earlier	

- ▶ Pairs must be mixed gender
- ▶ Teams must consist of three (3) individuals of all the same gender

POOMSAE DRAWS

- ▶ Poomsae draws will be released on the Taekwondo Canada website on September 20, 2021 no later than 12:00 PM ET
- ▶ Designated compulsory Poomsae by division can be found in the [World Taekwondo Poomsae Competition Rules \(page 14\)](#)

FREESTYLE POOMSAE

INDIVIDUAL MALE OR INDIVIDUAL FEMALE

DIVISION	AGE	BORN
High-Performance	U17	2004-2009
Black Belt	O17	2003 and earlier

PAIRS AND TEAMS

DIVISION	AGE	BORN
High-Performance	U17	2004-2009
Black Belt	O17	2003 and earlier

- ▶ Pairs must be mixed gender
- ▶ Teams must consist of five (5) individuals of mixed gender either:
 - ▶ Three (3) males and two (2) females
 - OR
 - ▶ Three (3) females and two (2) males

EQUIPMENT

Cadet Division (Ages 12-14): White top with red and black collar, plus blue pants for males; the same top, but with red pants, for females.



Junior and Senior Division (Ages 15-49): White top with dark blue pants for males; white top with light blue pants for females.



Master Division (Ages 50 and up): Yellow top and dark blue pants for both males and females.



DEDUCTIONS

- ▶ – 0.3 points deduction from accuracy:
 - ▶ Each extra step taken to move around object or due to inadequate space
 - ▶ Each hand and/or feet movement that cannot be seen by the referee as the participant moves beyond the camera's view
 - ▶ Each hand and/or feet movement that cannot be seen by the referee due to poor lighting (ie. Backlighting, lighting too bright/dim, etc.)
 - ▶ Each kihap and/or stomp that cannot be heard by the referee
- ▶ – 0.3 points deduction from the final score will be given for the following
 - ▶ Overtime (at more than 90 seconds)
- ▶ – 0.6 points deduction from the final score will be given for the following:
 - ▶ Wearing incorrect dobok
 - ▶ Wearing incorrect belt
 - ▶ Wearing footwear and/or hand coverings (ie. shoes, socks, gloves, etc.)
 - ▶ Wearing jewelry
 - ▶ Object, person, or pet coming into view during poomsae
 - ▶ A restart
- ▶ Disqualification will be issued for the following:
 - ▶ Video does not comply with the recording guidelines provided by World Taekwondo (see [Video Requirements](#))
 - ▶ Video has been edited or shows proof of editing
 - ▶ Display of political, religious and non-recognized NOC flags
 - ▶ Movement of camera during performance (up/down and zoom in/out)
 - ▶ Athlete performs a poomsae other than the designated poomsae for his/her division

AWARDS

ACHIEVEMENT MEDAL

- ▶ Medals will be awarded to the top four (4) individuals in each division
 - ▶ These medals will be mailed to each individual's taekwondo club

CERTIFICATE OF ACHIEVEMENT

- ▶ Certificates of Achievement will be awarded to the top four (4) individuals in each division
 - ▶ These certificates will be printed as hardcopies and mailed to each individual's taekwondo club

CERTIFICATE OF PARTICIPATION

- ▶ Certificates of Participation will be sent to all individuals that participated in the 2021 Korean Ambassador's Cup
 - ▶ These certificates will be delivered via email

MOST VALUABLE PLAYER (MVPS)

- ▶ **Grand Prize 13 Day Trip to Korea**
 - ▶ ***Eligibility:** Must be born in 1998, 1999, 2000, or 2001 and competing in the **High-Performance Poomsae Competition** as an individual
 - ▶ The Male and Female with the highest final score in the Individual High Performance Poomsae Competition (Recognized or Freestyle) that meet the prize eligibility requirements will receive an all-expense paid trip to Korea.
 - ▶ This trip will be 13 days in length from January 6-18, 2022 (*dates and schedules are subject to changes*) and will feature various cultural activities from Taekwondo and K-Pop to Olympic winter sports
 - ▶ More details regarding the Grand Prize trip to Korea will be provided closer to the event
- ▶ **Prize – Samsung Galaxy Tablet**
 - ▶ ***Eligibility:** Must be born in 2004, 2005, 2006, 2007, 2008 or 2009 and competing in the **High-Performance Poomsae Competition** as an individual
 - ▶ The Male and Female born in 2004, 2005, or 2006 with the highest final score in the High Performance Poomsae Competition (Recognized or Freestyle) will receive a Prize Samsung Galaxy Tablet
 - ▶ The Male and Female born in 2007, 2008, 2009 with the highest final score in the High Performance Poomsae Competition (Recognized or Freestyle) will receive a Prize Samsung Galaxy Tablet

PARA POOMSAE COMPETITION

INDIVIDUAL MALE OR INDIVIDUAL FEMALE

DIVISION	CLASS	AGE	BORN	COMPULSORY POOMSAE
Black Belt	P20	U30	1991-2003	One (1) Poomsae of the Athlete's Choice
		O30	1990 and earlier	

EQUIPMENT

- ▶ Any World Taekwondo (WT) style uniform

DEDUCTIONS

- ▶ Major accuracy deductions (-0.3) will apply for the following at each instance:
 - ▶ Extra step taken to move around object or due to inadequate space
 - ▶ Missing kihap and/or stomp
 - ▶ Hand and/or foot movement out of the camera's view or due to poor lighting
- ▶ A one-time -0.6 deduction will apply for each of the following occurrences:
 - ▶ Camera moving during performance (no zooming in/out or panning left/right permitted)
 - ▶ Object, person, or pet coming into view during poomsae
 - ▶ Wearing footwear and/or hand coverings (ie. shoes, socks, gloves, etc.)
 - ▶ Restart
- ▶ Disqualification:
 - ▶ Athlete performs a poomsae other than the designated poomsae for his/her division
 - ▶ Video does not comply with the recording guidelines provided by World Taekwondo (see [Video Requirements](#))

AWARDS

CERTIFICATE OF ACHIEVEMENT

- ▶ Certificates of Achievement will be awarded to the top four (4) individuals in each division
 - ▶ These certificates will be printed as hardcopies and mailed to each individual's taekwondo club

CERTIFICATE OF PARTICIPATION

- ▶ Certificates of Participation will be sent to all individuals that participated in the 2021 Korean Ambassador's Cup
 - ▶ These certificates will be delivered via email

LIABILITY AND WAIVERS

As a requirement for event registration, participants must agree to the terms and conditions listed in [Appendix A](#).

TITLE SPONSOR



Embassy of the Republic of Korea
Korean Cultural Centre

SPONSOR



APPENDIX A

PARTICIPANT AGREEMENT/WAIVER

Thank you for your interest in the 2021 Korean Ambassador's Cup. As a requirement for event registration, you must agree to the following terms and conditions:

I declare that I am over the age of 18 years old or I am a parent/guardian of a participant under the age of 18 years old.

1. I understand that as a condition of event participation, I must have insurance coverage in the event that I require emergency medical treatment. I may be asked to provide proof of my insurance information to the event organizers as a condition of participation.
2. I am fully aware of the risks involved and the degree of fitness required in taking part in this event. I accept that the event organizers and their agents cannot be held responsible for any injury or loss, however caused.
3. I have not suffered a concussion for which I have not been medically cleared to compete, or suffered a concussion for which I have not been treated in the last 30 days.
4. I understand that I am expected to have completed Making Head Way in Sport and have familiarized myself with concussion return to play steps.
5. I agree to allow Taekwondo Canada and their agents to capture myself on still image or video for the purposes of promotion.
6. I understand that all fees are NON-REFUNDABLE.
7. I understand that all athletes and their clubs are required to register with Taekwondo Canada prior to registration.
8. I have reviewed and understand the anti-doping policies of Taekwondo Canada, WADA and CCES.
9. Athletes and coaches must adhere to the policies of the World Anti-Doping Agency (WADA). I understand that as a participant, I, or my athlete, may be subject to anti-doping testing.
10. I have reviewed the list of prohibited substances recognized by WADA found on the Prohibited List.
11. I understand that an athlete is required to declare a Therapeutic Use Exemption (TUE) for medication used for illness or other medical reasons if the medication is on [WADA's 2021 Prohibited List](#). More information on TUE can be found [here](#).