



2021 ONLINE POOMSAE GRAND PRIX FINAL – RESULTS

December 11-12, 2021

10-8 GUP - FEMALE

INDIVIDUAL FEMALE: 10-8 GUP – BORN 2010-2011 (YOUTH)				
Rank	Name	Province	Club Name	Score
1	Joelle Pauli Soulliere	British Columbia	Cascadia Martial Arts - Victoria	7.633
2	Bonica Chen	British Columbia	Jeon Eui Taekwondo	7.467

INDIVIDUAL FEMALE: 10-8 GUP – BORN 1971-1980 (U50)				
Rank	Name	Province	Club Name	Score
1	Nam Yi Yun	Nova Scotia	K-Top Taekwondo and Martial Arts	7.233



10-8 GUP - MALE

INDIVIDUAL MALE: 10-8 GUP – BORN 2014+ (CHILDREN U7)				
Rank	Name	Province	Club Name	Score
1	Jayden Zhu	British Columbia	Wen Wu Tang	7.433

INDIVIDUAL MALE: 10-8 GUP – BORN 2012-2013 (CHILDREN 8-9)				
Rank	Name	Province	Club Name	Score
1	Carson Lee	British Columbia	Wu's Taekwondo	7.167

INDIVIDUAL MALE: 10-8 GUP – BORN 1991-2003 (U30)				
Rank	Name	Province	Club Name	Score
1	Patara McKeen	British Columbia	Jeon Eui Taekwondo	7.200



7-5 GUP - FEMALE

INDIVIDUAL FEMALE: 7-5 GUP – BORN 2014+ (CHILDREN U7)				
Rank	Name	Province	Club Name	Score
1	Katie Lew	British Columbia	Jeon Eui Taekwondo	7.600
2	Sofia Tremblay	British Columbia	Cascadia Martial Arts - Parksville	6.933

INDIVIDUAL FEMALE: 7-5 GUP – BORN 2012-2013 (CHILDREN 8-9)				
Rank	Name	Province	Club Name	Score
1	Elizabeth Chua	British Columbia	Jeon Eui Taekwondo	7.533
2	Victoria Chua	British Columbia	Jeon Eui Taekwondo	7.300
3	Beatriz Markiewicz	Ontario	Kick Nation Taekwondo	6.833
3	Mearie Jang	Québec	M.T.L Taekwondo	6.733

INDIVIDUAL FEMALE: 7-5 GUP – BORN 2010-2011 (YOUTH)				
Rank	Name	Province	Club Name	Score
1	Kayla Meyer	Ontario	Kick Nation Taekwondo	7.367
2	Charlize Bourque	Ontario	Kick Nation Taekwondo	7.067

INDIVIDUAL FEMALE: 7-5 GUP – BORN 2007-2009 (CADET)				
Rank	Name	Province	Club Name	Score
1	Natalia Gedischk	British Columbia	Cascadia Martial Arts - Victoria	7.100
2	Amber Lee	British Columbia	Wen Wu Tang	6.833



7-5 GUP - MALE

INDIVIDUAL MALE: 7-5 GUP – BORN 2014+ (CHILDREN U7)				
Rank	Name	Province	Club Name	Score
1	Sunny Jiang	British Columbia	Wen Wu Tang	7.800
2	Matthew Long	British Columbia	Jeon Eui Taekwondo	7.467
3	Bruce Wang	British Columbia	Jeon Eui Taekwondo	7.367
3	Thomas Lai	British Columbia	Jeon Eui Taekwondo	7.267
5	Filip Bogojevic	Ontario	Capital Taekwondo Martial Arts	6.833
6	Kai Raiden Bassi	British Columbia	Master Lee's Taekwondo	6.600
7	Tessan Jang	Québec	M.T.L Taekwondo	6.233

INDIVIDUAL MALE: 7-5 GUP – BORN 2012-2013 (CHILDREN 8-9)				
Rank	Name	Province	Club Name	Score
1	Jayden Pothier	Nova Scotia	K-Top Taekwondo and Martial Arts	7.367
2	Cory Tham	British Columbia	Jeon Eui Taekwondo	7.300
3	Kaiser Lee	British Columbia	Jeon Eui Taekwondo	6.867
3	Benjamin Fraenkel	Québec	Spin Taekwondo	6.400

INDIVIDUAL MALE: 7-5 GUP – BORN 2010-2011 (YOUTH)				
Rank	Name	Province	Club Name	Score
1	Alex Tse	British Columbia	Wu's Taekwondo	7.300
2	Gunner Tam	British Columbia	Wu's Taekwondo	6.633

INDIVIDUAL MALE: 7-5 GUP – BORN 2007-2009 (CADET)				
Rank	Name	Province	Club Name	Score
1	Skyler Tse	British Columbia	Wu's Taekwondo	7.700
2	Vincent Ace Gerzon	Ontario	Tiger Kicks Martial Arts	7.400
3	Zachery Wong	British Columbia	Jeon Eui Taekwondo	7.167
3	Ronan Lee	British Columbia	Wu's Taekwondo	6.733



TAEKWONDO CANADA

INDIVIDUAL MALE: 7-5 GUP – BORN 1991-2003 (U30)				
Rank	Name	Province	Club Name	Score
1	Jared Middleton	British Columbia	Cascadia Martial Arts - Victoria	7.167



4-1 GUP - FEMALE

INDIVIDUAL FEMALE: 4-1 GUP – BORN 2012-2013 (CHILDREN 8-9)				
Rank	Name	Province	Club Name	Score
1	Lyla Tran	Ontario	Kick Nation Taekwondo	7.567
2	Diana Yeung	British Columbia	Jeon Eui Taekwondo	6.867
3	Leah Lee	British Columbia	SC Kim's Taekwondo	6.433

INDIVIDUAL FEMALE: 4-1 GUP – BORN 2010-2011 (YOUTH)				
Rank	Name	Province	Club Name	Score
1	Abigail Pontisso	Ontario	Kick Nation Taekwondo	7.233
2	Miyoko Chan	British Columbia	Jeon Eui Taekwondo	7.067
3	Arielle Su	British Columbia	Jeon Eui Taekwondo	6.900
3	Ella Colangelo	Ontario	Kick Nation Taekwondo	6.667
5	Caryn Chan Jia Yan	British Columbia	SC Kim's Taekwondo	6.467
6	Paige Cervantes	British Columbia	Wu's Taekwondo	6.433

INDIVIDUAL FEMALE: 4-1 GUP – BORN 2007-2009 (CADET)				
Rank	Name	Province	Club Name	Score
1	Jennifer Wang	British Columbia	Wen Wu Tang	6.733
2	Sehvana Archer-Trumble	Québec	M.T.L Taekwondo	6.700
3	Alanah Depanzo	British Columbia	Wu's Taekwondo	6.600
3	Vanja Bogojevic	Ontario	Capital Taekwondo Martial Arts	5.933

INDIVIDUAL FEMALE: 4-1 GUP – BORN 2004-2006 (JUNIOR)				
Rank	Name	Province	Club Name	Score
1	Jasvy Rattan	Ontario	Brampton Olympic Taekwondo	6.933
2	Katherine Koh	British Columbia	Jeon Eui Taekwondo	6.867
3	Elena Yip	British Columbia	Wu's Taekwondo	6.533
3	Sunghyun Kang	Nova Scotia	K-Top Taekwondo and Martial Arts	5.967



TAEKWONDO CANADA

INDIVIDUAL FEMALE: 4-1 GUP – BORN 1981-1990 (U40)				
Rank	Name	Province	Club Name	Score
1	Joanne Luk	Alberta	Sky Taekwondo	7.300



4-1 GUP - MALE

INDIVIDUAL MALE: 4-1 GUP – BORN 2014+ (CHILDREN U7)				
Rank	Name	Province	Club Name	Score
1	Anthony Chan Kian Hong	British Columbia	SC Kim's Taekwondo	7.667
2	Maximus Yuen	British Columbia	Jeon Eui Taekwondo	6.933

INDIVIDUAL MALE: 4-1 GUP – BORN 2010-2011 (YOUTH)				
Rank	Name	Province	Club Name	Score
1	Aidan Yeung	British Columbia	Jeon Eui Taekwondo	7.333
2	Merrick Lefebvre	Ontario	Kick Nation Taekwondo	7.267
3	Henry Ling	British Columbia	Wu's Taekwondo	6.967
3	Abhir Sharma	Ontario	Kick Nation Taekwondo	6.800*
5	King Hei Mark Chan	British Columbia	Jeon Eui Taekwondo	6.800*
6	Markus Lim	British Columbia	Wu's Taekwondo	6.733

* = Tiebreak

INDIVIDUAL MALE: 4-1 GUP – BORN 2007-2009 (CADET)				
Rank	Name	Province	Club Name	Score
1	Riley Girard	Ontario	Phoenix Taekwondo Martial Arts Academy	6.867
2	Niko Gould	British Columbia	Cascadia Martial Arts - Parksville	6.833
3	Matthew Koh	British Columbia	Jeon Eui Taekwondo	6.800
3	Wayne Quejado	British Columbia	Wu's Taekwondo	6.633

INDIVIDUAL MALE: 4-1 GUP – BORN 1971-1980 (U50)				
Rank	Name	Province	Club Name	Score
1	Chandra Arya	British Columbia	Wu's Taekwondo	6.933



BLACK BELT - FEMALE

INDIVIDUAL FEMALE: BLACK BELT – BORN 2012-2013 (CHILDREN 8-9)				
Rank	Name	Province	Club Name	Score
1	Jane Chung	British Columbia	Jeon Eui Taekwondo	7.867
2	Alexandra Trif	British Columbia	SC Kim's Taekwondo	6.967
3	Sophia Hana Govan	British Columbia	SC Kim's Taekwondo	6.200
3	Prisha Bhella	Alberta	Black Belt Jung's Taekwondo	5.867

INDIVIDUAL FEMALE: BLACK BELT – BORN 2010-2011 (YOUTH)				
Rank	Name	Province	Club Name	Score
1	Riley Dwyer	Ontario	Dragon Taekwondo Academy	7.200
2	Reagan Morley	British Columbia	Cascadia Martial Arts - Victoria	7.167
3	Madeleine Jagdeo	Ontario	Dragon Taekwondo Academy	6.433
3	Kate Kearney	Ontario	Dragon Taekwondo Academy	5.967

INDIVIDUAL FEMALE: BLACK BELT – BORN 2007-2009 (CADET)				
Rank	Name	Province	Club Name	Score
1	Kaelan-Morganne Lor	Ontario	Myung's Taekwondo Academy - Richmond Hill	7.467
2	Lucy Deng	British Columbia	Wen Wu Tang	7.333
3	Alya Hamdar	Ontario	Tiger Kicks Martial Arts	6.767*
3	Emily Du	British Columbia	Wen Wu Tang	6.767*
5	Sophia Hung	Ontario	Phoenix Taekwondo Martial Arts Academy	6.600

* = Tiebreak

INDIVIDUAL FEMALE: BLACK BELT – BORN 2004-2006 (JUNIOR)				
Rank	Name	Province	Club Name	Score
1	Caroline Lyu	Alberta	Tiger Taekwondo	7.500
2	Luciana Brewer	British Columbia	SC Kim's Taekwondo	7.100
3	Sophia van Essen	Ontario	Dragon Taekwondo Academy	6.533
3	Brooklyn Urquhart	British Columbia	Cascadia Martial Arts - Parksville	6.233
5	Maiya Seguin	Québec	Interclub Taekwondo	5.100



INDIVIDUAL FEMALE: BLACK BELT – BORN 1991-2003 (U30)

Rank	Name	Province	Club Name	Score
1	Chloe Lee	Alberta	Calgary Taekwondo Academy	7.833
2	Katherine Lyu	Alberta	Tiger Taekwondo	7.467
3	Emily Lock	Ontario	Myung's Taekwondo Academy - Thornhill	6.067

INDIVIDUAL FEMALE: BLACK BELT – BORN 1961-1970 (U60)

Rank	Name	Province	Club Name	Score
1	Monica Fraske-Bornyk	Saskatchewan	Kees Taekwondo - Yorkton	7.033
2	Barbara Evans	Saskatchewan	Kees Taekwondo - Yorkton	6.933
3	Anne Côté	Ontario	Phoenix Taekwondo Martial Arts Academy	6.633



BLACK BELT - MALE

INDIVIDUAL MALE: BLACK BELT – BORN 2012-2013 (CHILDREN 8-9)				
Rank	Name	Province	Club Name	Score
1	Jaeseong Kim	British Columbia	SC Kim's Taekwondo	7.300
2	Archer Ryuu Bassi	British Columbia	Master Lee's Taekwondo	6.300

INDIVIDUAL MALE: BLACK BELT – BORN 2010-2011 (YOUTH)				
Rank	Name	Province	Club Name	Score
1	Jerry Han	British Columbia	Wen Wu Tang	7.167*
2	Noah Lee	British Columbia	SC Kim's Taekwondo	7.167*
3	Thomas Ong-Walters	Ontario	Tiger Kicks Martial Arts	6.533

* = Tiebreak

INDIVIDUAL MALE: BLACK BELT – BORN 2007-2009 (CADET)				
Rank	Name	Province	Club Name	Score
1	Ryan Lee	British Columbia	Wu's Taekwondo	7.833
2	Min san Jin	British Columbia	Cascadia Martial Arts - Parksville	7.267
3	Garrett Raymont	British Columbia	Cascadia Martial Arts - Parksville	7.167
3	Joshua Kearney	Ontario	Dragon Taekwondo Academy	6.500

INDIVIDUAL MALE: BLACK BELT – BORN 2004-2006 (JUNIOR)				
Rank	Name	Province	Club Name	Score
1	Holden Liu	British Columbia	Wen Wu Tang	7.833
2	Edward Shi	British Columbia	Wu's Taekwondo	7.000



INDIVIDUAL MALE: BLACK BELT – BORN 1981-1990 (U40)

Rank	Name	Province	Club Name	Score
1	Hansaem Lee	Ontario	Taekwondo Masters Academy	7.800
2	Jerome Walker	Ontario	Dragon Taekwondo Academy - Oakville	7.467
3	Suhan Kwon	Ontario	Canadian Armed Forces Taekwondo	7.167
3	Philip Leal	British Columbia	K Martial Arts Centre	6.700
5	John Kim	Ontario	Canadian Armed Forces Taekwondo	6.000

INDIVIDUAL MALE: BLACK BELT – BORN 1971-1980 (U50)

Rank	Name	Province	Club Name	Score
1	James Cartwright	British Columbia	Cascadia Martial Arts - Parksville	6.900

INDIVIDUAL MALE: BLACK BELT – BORN 1956-1960 (U65)

Rank	Name	Province	Club Name	Score
1	Robert Houben	British Columbia	SC Kim's Taekwondo	6.833

INDIVIDUAL MALE: BLACK BELT – BORN <=1955 (O65)

Rank	Name	Province	Club Name	Score
1	Victor Surjik	Saskatchewan	Kees Taekwondo - Yorkton	6.867



HIGH-PERFORMANCE BLACK BELT - FEMALE

INDIVIDUAL FEMALE: HIGH PERFORMANCE BLACK BELT – BORN 2010-2011 (YOUTH)				
Rank	Name	Province	Club Name	Score
1	Macy Li	Ontario	Markham Taekwondo	7.333
2	Sophie Lau	Ontario	Alliance Taekwondo	7.033
3	Ashley Lai	Ontario	Moohan Taekwondo	5.967

INDIVIDUAL FEMALE: HIGH PERFORMANCE BLACK BELT – BORN 2007-2009 (CADET)				
Rank	Name	Province	Club Name	Score
1	Natalie To	Ontario	Master Kang's Black Belt Martial Arts	7.633
2	Emma Chau	Ontario	Moohan Taekwondo	7.133
3	Rachel Wong	Ontario	Alliance Taekwondo	7.100
3	Emily Hoang	British Columbia	Wu's Taekwondo	7.067
5	Katrina Lee	British Columbia	Jeon Eui Taekwondo	7.000
6	Avery Taylor	Ontario	Dragon Taekwondo Academy	6.800
7	Abigail Kim	Ontario	Moohan Taekwondo	5.967
8	Alexis Shen	British Columbia	SC Kim's Taekwondo	5.867

INDIVIDUAL FEMALE: HIGH PERFORMANCE BLACK BELT – BORN 2004-2006 (JUNIOR)				
Rank	Name	Province	Club Name	Score
1	Agnes Ka Hei Kung	Ontario	Myung's Taekwondo Academy - Richmond Hill	7.400
2	Dyne Jung	British Columbia	KyungHee University Taekwondo	7.200
3	Sabrina So	Ontario	Master Kang's Black Belt Martial Arts	7.000
3	Krystal Angel Magno	Ontario	Myung's Taekwondo Academy - Richmond Hill	6.933
5	Tayah Yanke	Saskatchewan	Kees Taekwondo - Yorkton	6.700
6	Victoria Ko	British Columbia	SC Kim's Taekwondo	6.033



INDIVIDUAL FEMALE: HIGH PERFORMANCE BLACK BELT – BORN 1981-1990 (U40)

Rank	Name	Province	Club Name	Score
1	Lui Lois Fong	British Columbia	Jeon Eui Taekwondo	7.333
2	Lorraine Tong	British Columbia	Wu's Taekwondo	7.100
3	Janelle Reid	British Columbia	Lims Taekwondo - Surrey	6.367
3	Breanne Folk	Saskatchewan	Kim's East Zone Taekwondo	6.200
5	Jessica Smeall	Alberta	Folding Mountain Taekwondo	5.767

INDIVIDUAL FEMALE: HIGH PERFORMANCE BLACK BELT – BORN 1961-1970 (U60)

Rank	Name	Province	Club Name	Score
1	Lisa Gibson	Ontario	Tae E Lee Taekwondo	6.733
2	Belinda Co	British Columbia	Northshore Taekwondo	6.267



HIGH-PERFORMANCE BLACK BELT - MALE

INDIVIDUAL MALE: HIGH PERFORMANCE BLACK BELT – BORN 2010-2011 (YOUTH)				
Rank	Name	Province	Club Name	Score
1	Austin Zhu	British Columbia	Jeon Eui Taekwondo	6.767
2	Josh Huang	British Columbia	Wu's Taekwondo	6.433*
3	Luc Hung	Ontario	Black Belt World - Toronto HQ	6.433*
3	Jayden Yu	British Columbia	Wu's Taekwondo	6.133

* = Tiebreak

INDIVIDUAL MALE: HIGH PERFORMANCE BLACK BELT – BORN 2007-2009 (CADET)				
Rank	Name	Province	Club Name	Score
1	Ethan Lok-Yee So	Ontario	Master Kang's Black Belt Martial Arts	7.033
2	Godwin Li	Ontario	Master Kang's Black Belt Martial Arts	6.933
3	Colby Pontisso	Ontario	Kick Nation Taekwondo	6.067
3	Raphael Cheung	British Columbia	Wu's Taekwondo	5.900
5	Nathan Kwok	British Columbia	Jeon Eui Taekwondo	5.767
6	Logan Jagdeo	Ontario	Dragon Taekwondo Academy	5.667

INDIVIDUAL MALE: HIGH PERFORMANCE BLACK BELT – BORN 2004-2006 (JUNIOR)				
Rank	Name	Province	Club Name	Score
1	Nathan Lor	Ontario	Myung's Taekwondo Academy - Richmond Hill	7.233
2	Jeffrey Kwok	British Columbia	Jeon Eui Taekwondo	7.133
3	Daniel Zhen	British Columbia	Wu's Taekwondo	7.067
3	Ivan Leung	British Columbia	Wu's Taekwondo	6.933

INDIVIDUAL MALE: HIGH PERFORMANCE BLACK BELT – BORN 1991-2003 (U30)				
Rank	Name	Province	Club Name	Score
1	AJ Assadian	Ontario	Master Seo's Dynamic Taekwondo	7.333
2	Agassi Cheung	British Columbia	Jeon Eui Taekwondo	7.200
3	Jihwan Kim	British Columbia	KyungHee University Taekwondo	6.800



INDIVIDUAL MALE: HIGH PERFORMANCE BLACK BELT – BORN 1981-1990 (U40)

Rank	Name	Province	Club Name	Score
1	Matthew Bodnaryk	Saskatchewan	Kees Taekwondo – Yorkton	6.800

INDIVIDUAL MALE: HIGH PERFORMANCE BLACK BELT – BORN 1971-1980 (U50)

Rank	Name	Province	Club Name	Score
1	Mohamed Saber Ben Abdallah	Québec	Club Defense experts	7.333
2	Shakeel Chaudhry	Ontario	Dragon Taekwondo Academy	5.933

INDIVIDUAL MALE: HIGH PERFORMANCE BLACK BELT – BORN 1961-1970 (U60)

Rank	Name	Province	Club Name	Score
1	Jeehoon Sohn	Ontario	Sohn's Agape Taekwondo	6.567