

2023 KOREAN AMBASSADOR'S CUP RESULTS

RÉSULTATS DE LA COUPE DE L'AMBASSADEUR DE CORÉE 2023

HIGH PERFORMANCE POOMSAE COMPETITION

HIGH PERFORMANCE BLACK BELT - RECOGNIZED INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 2009-2011 (CADET)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Emily Hoang	BC	Wu's Taekwondo Canada	7.260	Taegeuk 7	Taegeuk 6
2	Chelsie Andrea Requierme	SK	Kim's East Zone Taekwondo	6.940	Taegeuk 7	Taegeuk 6
3	Nilah Kumaresan	ON	Moohan Taekwondo	6.720	Taegeuk 7	Taegeuk 6
3	Celine Nemes	BC	Wu's Taekwondo Canada	6.630	Taegeuk 7	Taegeuk 6
5	Natália Gonzales	AB	Mayerthorpe Taekwondo	6.330	Taegeuk 7	Taegeuk 6
6	Josephine Zhi Jun Lam	BC	Wu's Taekwondo Canada	6.310	Taegeuk 7	Taegeuk 6
7	Lucy Deng	BC	Wen Wu Tang	6.270	Taegeuk 7	Taegeuk 6
8	Nalani Gonzales	AB	Mayerthorpe Taekwondo	6.020	Taegeuk 7	Taegeuk 6
9	Ella Chang	QC	Raymond Mourad Taekwondo Academy	5.750	Taegeuk 7	Taegeuk 6
10	Rachel Hing	BC	Cascadia Martial Arts	5.150	Taegeuk 7	Taegeuk 6
11	Phaedra Wheeler	BC	Cascadia Martial Arts	5.000	Taegeuk 7	Taegeuk 6

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 2006-2008 (JUNIOR)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Suri Xu	BC	Wu's Taekwondo Canada	7.600	Taegeuk 8	Koryo
2	Phylis Jeon	AB	Jeon's Traditional Taekwondo	7.150	Taegeuk 8	Koryo
3	Luciana Brewer	BC	SC Kim's Taekwondo	7.070	Taegeuk 8	Koryo
3	Laura Foell	ON	Canadian Taekwondo Centre	6.860	Taegeuk 8	Koryo
5	Bernice Guan	BC	Wu's Taekwondo Canada	6.740	Taegeuk 8	Koryo
6	Kayley D'Onofrio	AB	Master Rim's Taekwondo	6.700	Taegeuk 8	Koryo
7	Grace Campbell	AB	Master Rim's Taekwondo	6.590	Taegeuk 8	Koryo
8	Caitlin Delaurier	SK	Kim's Taekwondo Moose Jaw	6.560	Taegeuk 8	Koryo
9	Emily Fang	SK	Kees Taekwondo Yorkton	6.500	Taegeuk 8	Koryo
10	Ashlyn Heath	SK	Kim's Taekwondo Moose Jaw	6.030	Taegeuk 8	Koryo



INDIVIDUAL FEMALE: HP BLACK BELT - BORN 1993-2005 (U30)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Rachel Guo	BC	Wu's Taekwondo Canada	6.830	Shipjin	Pyongwon
2	Sydney Cummings	AB	Master Rim's Taekwondo	6.400	Shipjin	Pyongwon
3	Olivia Vanderlinden	ON	Myung's Taekwondo Richmond Hill	6.390	Shipjin	Pyongwon
3	Nina Ni	QC	Académie d'Arts Martiaux St-Leonard	5.810	Shipjin	Pyongwon

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 1983-1992 (U40)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Breanne Folk	SK	Kim's East Zone Taekwondo	6.940	Taebaek	Shipjin
2	Lorraine Tong	BC	Wu's Taekwondo Canada	6.850	Taebaek	Shipjin
3	JooYeon Park	BC	SC Kim's Taekwondo	6.200	Taebaek	Shipjin

HIGH PERFORMANCE POOMSAE COMPETITION

HIGH PERFORMANCE BLACK BELT - RECOGNIZED INDIVIDUAL MALE

INDIVIDUAL MALE: HP BLACK BELT - BORN 2009-2011 (CADET)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Josh Huang	BC	Wu's Taekwondo Canada	7.350	Taegeuk 7	Taegeuk 6
2	Ryan Lee	BC	Wu's Taekwondo Canada	7.330	Taegeuk 7	Taegeuk 6
3	Jayden Yu	BC	Wu's Taekwondo Canada	7.310	Taegeuk 7	Taegeuk 6
3	Vincent Leung	BC	Wu's Taekwondo Canada	7.150	Taegeuk 7	Taegeuk 6
5	Thomas Kwok	BC	Jeon Eui Taekwondo	6.770	Taegeuk 7	Taegeuk 6
6	Bryson Poon	AB	Calgary Taekwondo Academy	6.720	Taegeuk 7	Taegeuk 6
7	Regis Cheung	BC	Wu's Taekwondo Canada	6.640	Taegeuk 7	Taegeuk 6
8	Isaac Cho	BC	Wu's Taekwondo Canada	6.630	Taegeuk 7	Taegeuk 6
9	Oswin Gau	BC	Wu's Taekwondo Canada	6.490	Taegeuk 7	Taegeuk 6
10	Andros Lam	BC	Wu's Taekwondo Canada	6.300	Taegeuk 7	Taegeuk 6

INDIVIDUAL MALE: HP BLACK BELT - BORN 2006-2008 (JUNIOR)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Ivan Leung	BC	Wu's Taekwondo Canada	7.780	Taegeuk 8	Koryo
2	Nicholas Ma	BC	Wu's Taekwondo Canada	7.490	Taegeuk 8	Koryo
3	Zi Bobby Yang	BC	Jeon Eui Taekwondo	7.250	Taegeuk 8	Koryo
3	Raphael Cheung	BC	Wu's Taekwondo Canada	7.100	Taegeuk 8	Koryo
5	Isaac Ji Ngei Lam	BC	Wu's Taekwondo Canada	6.810	Taegeuk 8	Koryo
6	Zijie Dai	AB	Master Rim's Taekwondo	6.500	Taegeuk 8	Koryo
7	Tristan Ball	SK	North Battleford Taekwondo Academy	6.130	Taegeuk 8	Koryo
8	Jayden Paynor-Limbona	AB	Master Rim's Taekwondo	5.980	Taegeuk 8	Koryo

INDIVIDUAL MALE: HP BLACK BELT - BORN 1993-2005 (U30)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Agassi Cheung	BC	Jeon Eui Taekwondo	7.300	Shipjin	Pyongwon
2	Jeffrey Kwok	BC	Jeon Eui Taekwondo	7.220	Shipjin	Pyongwon
3	Terence Luong	BC	Wu's Taekwondo Canada	6.980	Shipjin	Pyongwon



INDIVIDUAL MALE: HP BLACK BELT - BORN 1983-1992 (U40)

Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Wooram Park	AB	Master Rim's Taekwondo	7.270	Taebaek	Shipjin
2	Deokho Nam	BC	Unity Taekwondo	7.030	Taebaek	Shipjin
3	Ryan Wood	SK	North Battleford Taekwondo Academy	6.930	Taebaek	Shipjin

INDIVIDUAL MALE: HP BLACK BELT - BORN 1973-1982 (U50)

Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Andrew Jo	NS	K-Top Taekwondo and Martial Arts	7.000	Taegeuk 8	Koryo
2	Nathan Douglas	SK	Kim's Taekwondo Moose Jaw	6.700	Taegeuk 8	Koryo
3	Chanwuk Jeon	AB	Jeon's Traditional Taekwondo	6.670	Taegeuk 8	Koryo
3	Yong Chan (Chad) Ku	SK	North Battleford Taekwondo Academy	6.400	Taegeuk 8	Koryo
5	Andrey Golubovskiy	ON	Master Myung's Taekwondo Academy Thornhill	5.850	Taegeuk 8	Koryo

INDIVIDUAL MALE: HP BLACK BELT - BORN 1963-1972 (U60)

Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Jeehoon Sohn	ON	Sohn's Agape Taekwondo	6.900	Jitae	Koryo
2	Mohsen Kazemi	ON	Orangeville Taekwondo	6.890	Jitae	Koryo
3	Vernon Bruce Schollie	AB	Master Rim's Taekwondo	6.040	Jitae	Koryo

INDIVIDUAL MALE: HP BLACK BELT - BORN 1958-1962 (U65)

Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	John Jung Uk Ko	ON	Jung Ko Taekwondo	6.870	Hansu	Koryo
2	Gilles Savoie	NB	Club Maria	6.100	Hansu	Koryo
3	Robert Houben	BC	SC Kim's Taekwondo	5.050	Hansu	Koryo

INDIVIDUAL MALE: HP BLACK BELT - BORN <=1957 (O65)

Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Jacques Le Guerrier	QC	HLD Taekwondo	6.710	Taebaek	Koryo

HIGH PERFORMANCE POOMSAE COMPETITION
 HIGH PERFORMANCE BLACK BELT - FREESTYLE INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: HP BLACK BELT FREESTYLE - BORN 2006-2011 (U17)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Rachel Lee	ON	Master Kang's Black Belt Martial Arts	6.440	Freestyle
2	Laura Foell	ON	Canadian Taekwondo Centre	4.480	Freestyle

HIGH PERFORMANCE POOMSAE COMPETITION
HIGH PERFORMANCE BLACK BELT - FREESTYLE INDIVIDUAL MALE

INDIVIDUAL MALE: HP BLACK BELT FREESTYLE - BORN 2006-2011 (U17)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Kai-Hsin Chang	ON	Master Kang's Black Belt Martial Arts	6.880	Freestyle
2	Vincent Leung	BC	Wu's Taekwondo Canada	6.160	Freestyle
3	Atlas Webber	AB	Master Rim's Taekwondo	5.740	Freestyle

RECREATIONAL POOMSAE COMPETITION

10-8 GUP - INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: 10-8 GUP - BORN 2016+

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Emma Vozian	NS	K-Top Taekwondo and Martial Arts	5.767	Taegeuk 1

INDIVIDUAL FEMALE: 10-8 GUP - BORN 2014-2015

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Ari Lee	NS	K-Top Taekwondo and Martial Arts	6.533	Taegeuk 2
2	Rachel Mathew	SK	Kim's East Zone Taekwondo	6.167	Taegeuk 1
3	Annmary Mathew	SK	Kim's East Zone Taekwondo	5.800	Taegeuk 1

INDIVIDUAL FEMALE: 10-8 GUP - BORN 2014-2015 (PARA)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Abigail Andreas	ON	Blue Wave Taekwondo	7.267	Taegeuk 1

INDIVIDUAL FEMALE: 10-8 GUP - BORN 2012-2013

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Haiqa Memon	AB	Jeon's Traditional Taekwondo	6.833	Taegeuk 2
2	Sophie Niagwan	SK	Bryan Folk's Taekwondo Club	6.300	Taegeuk 1
3	Nimar Singh	ON	Dragon Taekwondo Academy	6.167	Taegeuk 2

RECREATIONAL POOMSAE COMPETITION

10-8 GUP - INDIVIDUAL MALE

INDIVIDUAL MALE: 10-8 GUP - BORN 2016+					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Maverick Bodnaryk	SK	Kees Taekwondo Yorkton	6.400	Taegeuk 2
2	Jayden Chau	BC	Wu's Taekwondo Canada	6.033	Taegeuk 2
3	Archie Morris	ON	Forest Hill Taekwondo	5.933	Taegeuk 2
3	Sean Park	NS	K-Top Taekwondo and Martial Arts	5.833	Taegeuk 1

INDIVIDUAL MALE: 10-8 GUP - BORN 2014-2015					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Lucas Taehong Han	AB	Jeon's Traditional Taekwondo	6.467	Taegeuk 1
2	Santiago Ochoa	AB	Jeon's Traditional Taekwondo	6.400	Taegeuk 2
3	Abhinav Chittimeni	SK	Kim's East Zone Taekwondo	5.700	Taegeuk 2

INDIVIDUAL MALE: 10-8 GUP - BORN 2012-2013					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Connor Gingrich	AB	Jeon's Traditional Taekwondo	7.333	Taegeuk 2
2	Ashrith Chittimeni	SK	Kim's East Zone Taekwondo	7.233	Taegeuk 2
3	Sihan Chen	SK	Kim's East Zone Taekwondo	7.033	Taegeuk 1
3	Jonah Edmonds	SK	Kim's East Zone Taekwondo	6.733	Taegeuk 1
5	Treston Olson	SK	Folk's Taekwondo - East Zone	6.700	Taegeuk 2
6	Jaydon Gu	BC	Wen Wu Tang	6.433	Taegeuk 2

INDIVIDUAL MALE: 10-8 GUP - BORN 2009-2011					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Balkarman Sekhon	AB	Jeon's Traditional Taekwondo	6.433	Taegeuk 1
2	Seth Niagwan	SK	Bryan Folk's Taekwondo Club	5.333	Taegeuk 1

INDIVIDUAL MALE: 10-8 GUP - BORN 1973-1982

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Corey Olson	SK	Folk's Taekwondo - East Zone	6.233	Taegeuk 2

INDIVIDUAL MALE: 10-8 GUP - BORN 1963-1972

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Phillip Peters	ON	Blue Wave Taekwondo	6.300	Taegeuk 1

RECREATIONAL POOMSAE COMPETITION

7-5 GUP - INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: 7-5 GUP - BORN 2016+					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Joli Ip	BC	Wu's Taekwondo Canada	7.000	Taegeuk 5
2	Chloe Lai	BC	Wu's Taekwondo Canada	6.467	Taegeuk 4
3	Averie Hoi Ching Lai	BC	Wu's Taekwondo Canada	5.700	Taegeuk 4
3	Abby Whitelaw	ON	Dragon Taekwondo Academy	5.667	Taegeuk 3
5	Raina Hwang	BC	SC Kim's Taekwondo	5.500	Taegeuk 5

INDIVIDUAL FEMALE: 7-5 GUP - BORN 2014-2015					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Veronica Duy Restrepo	QC	M.T.L Taekwondo	7.133	Taegeuk 3
2	Jamie Wong	BC	Wu's Taekwondo Canada	7.100	Taegeuk 5
3	Parmis Mohseni	ON	Sohn's Agape Taekwondo	6.933	Taegeuk 3
3	Dalia Morris	ON	Forest Hill Taekwondo	6.867*	Taegeuk 3
5	Serah Chan	AB	Jeon's Traditional Taekwondo	6.867*	Taegeuk 5
6	Yin Hei Natalie King	BC	Wu's Taekwondo Canada	6.800	Taegeuk 5
7	Georgia Scott	ON	Moohan Taekwondo	6.600	Taegeuk 3
8	Chi To Yim	BC	Wu's Taekwondo Canada	6.467	Taegeuk 5
9	Chloe Bomi Lee	QC	M.T.L Taekwondo	6.167	Taegeuk 4
10	Catherine Lee	BC	SC Kim's Taekwondo	5.967	Taegeuk 5

* = Tiebreak



INDIVIDUAL FEMALE: 7-5 GUP - BORN 2012-2013

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Julyssa Melgar Zheng	QC	M.T.L Taekwondo	6.467*	Taegeuk 3
2	Charlotte Au	BC	Wu's Taekwondo Canada	6.467*	Taegeuk 4
3	Aalya El-Sheikh	ON	Forest Hill Taekwondo	6.167	Taegeuk 3
3	Amelia Ku	SK	North Battleford Taekwondo Academy	6.100	Taegeuk 4
5	Saemi Roh	QC	M.T.L Taekwondo	6.000	Taegeuk 5
6	Macy Ngo	ON	Myung's Taekwondo Richmond Hill	5.800	Taegeuk 5
7	Meha Patel	QC	M.T.L Taekwondo	5.733	Taegeuk 3
8	Saanchi Naik	AB	Jeon's Traditional Taekwondo	5.567	Taegeuk 5
9	Mackenzie Zhu	NS	K-Top Taekwondo and Martial Arts	5.433	Taegeuk 3
10	Lindsay Veenstra	AB	Mayerthorpe Taekwondo	5.200	Taegeuk 4

* = Tiebreak

INDIVIDUAL FEMALE: 7-5 GUP - BORN 2009-2011

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Averie Riffel	SK	Kim's East Zone Taekwondo	6.800	Taegeuk 3
2	Keyla Melgar Zheng	QC	M.T.L Taekwondo	6.467	Taegeuk 4
3	Ara Cha	NS	K-Top Taekwondo and Martial Arts	6.267	Taegeuk 3
3	Raudah Memon	AB	Jeon's Traditional Taekwondo	6.200	Taegeuk 5
5	Elsie Ngo	ON	Myung's Taekwondo Richmond Hill	5.833	Taegeuk 5
6	Michelle Hui	BC	Prime Elite Academy	5.733	Taegeuk 5
7	Bella Hanson	SK	Folk's Taekwondo	5.267	Taegeuk 3

INDIVIDUAL FEMALE: 7-5 GUP - BORN 2006-2008

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Aubrey Grund	SK	Kim's East Zone Taekwondo	6.967	Taegeuk 3
2	Yoyo Li	BC	Wen Wu Tang	6.867	Taegeuk 5
3	Ada Tsoi	ON	Blue Wave Taekwondo	6.800	Taegeuk 4

INDIVIDUAL FEMALE: 7-5 GUP - BORN 1983-1992

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Reyna Olson	AB	Master Rim's Taekwondo	6.767	Taegeuk 3
2	Shannon O'Reilly	AB	Jeon's Traditional Taekwondo	6.733	Taegeuk 3
3	Debra Myburgh	SK	North Battleford Taekwondo Academy	6.433	Taegeuk 4
3	Dakota Smith	AB	Master Rim's Taekwondo	6.067	Taegeuk 3

INDIVIDUAL FEMALE: 7-5 GUP - BORN 1973-1982

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Sunny Hyunji Song	SK	North Battleford Taekwondo Academy	6.633	Taegeuk 4

RECREATIONAL POOMSAE COMPETITION

7-5 GUP - INDIVIDUAL MALE

INDIVIDUAL MALE: 7-5 GUP - BORN 2016+					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Liam Dominic de Jesus Bondoc	AB	Jeon's Traditional Taekwondo	7.333	Taegeuk 5
2	Juno Nam	NS	K-Top Taekwondo and Martial Arts	6.367	Taegeuk 3
3	Nathan Ho-Ting	QC	M.T.L Taekwondo	6.167	Taegeuk 3
3	Adam Ali Siddiqui	QC	M.T.L Taekwondo	5.833	Taegeuk 3
5	Kristijan San Rafael Askraba	BC	SC Kim's Taekwondo	4.933	Taegeuk 3

INDIVIDUAL MALE: 7-5 GUP - BORN 2014-2015					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Theodore Nadal	ON	Kick Nation Taekwondo	6.867	Taegeuk 4
2	Hunter Denia	AB	Jeon's Traditional Taekwondo	6.633	Taegeuk 4
3	Zachary Enero	ON	Moohan Taekwondo	6.533	Taegeuk 5
3	Aidan Young	ON	Kick Nation Taekwondo	6.333	Taegeuk 3
5	Logan Peter Schellebaum	SK	Kees Taekwondo Yorkton	6.133	Taegeuk 3
6	Matteo Ramadori	QC	M.T.L Taekwondo	6.033	Taegeuk 3
7	Gabriel Garlicki	ON	Kick Nation Taekwondo	5.933	Taegeuk 4
8	Evan Golubovskiy	ON	Master Myung's Taekwondo Academy Thornhill	5.833	Taegeuk 4
9	Tristan Neptune-Wallace	ON	Dragon Taekwondo Academy Oakville	5.767	Taegeuk 4
10	Aadi Nigam	ON	Dragon Taekwondo Academy	5.300	Taegeuk 4

INDIVIDUAL MALE: 7-5 GUP - BORN 2012-2013					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Daniel Lim	AB	Jeon's Traditional Taekwondo	6.333*	Taegeuk 5
2	Raphael Melgar Zheng	QC	M.T.L Taekwondo	6.333*	Taegeuk 3
3	Russell Morris	ON	Forest Hill Taekwondo	6.000	Taegeuk 5
3	Andre Mousakhanian	QC	M.T.L Taekwondo	5.700	Taegeuk 5
5	Brayden Schellenbaum	SK	Kees Taekwondo Yorkton	5.633	Taegeuk 5
6	Orion Vojkollari	ON	Forest Hill Taekwondo	5.567	Taegeuk 5
7	Tristan Bell	ON	Dragon Taekwondo Academy	5.400	Taegeuk 5
8	Derek Peters	ON	Blue Wave Taekwondo	5.300	Taegeuk 3

* = Tiebreak

INDIVIDUAL MALE: 7-5 GUP - BORN 2009-2011					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Jimyung Yoon	AB	Jeon's Traditional Taekwondo	7.200	Taegeuk 3
2	Iden Fok	BC	Wu's Taekwondo Canada	6.133	Taegeuk 4
3	Owen Enero	ON	Moohan Taekwondo	6.100	Taegeuk 5
3	Alexander Chung	ON	Sohn's Agape Taekwondo	6.067	Taegeuk 3
5	Carsen Johnson	SK	Kim's East Zone Taekwondo	5.500	Taegeuk 3
6	Wenshuo He	QC	M.T.L Taekwondo	5.433	Taegeuk 5
7	Ethan Arshinoff	ON	Forest Hill Taekwondo	5.167	Taegeuk 5

INDIVIDUAL MALE: 7-5 GUP - BORN 2006-2008					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Marcus Gonzales	ON	Dragon Taekwondo Academy	6.900	Taegeuk 3

RECREATIONAL POOMSAE COMPETITION

4-1 GUP - INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: 4-1 GUP - BORN 2016+					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Tehillah Yin	ON	Sohn's Agape Taekwondo	5.933	Taegeuk 6
2	Isla Mak	BC	SC Kim's Taekwondo	5.633	Taegeuk 8

INDIVIDUAL FEMALE: 4-1 GUP - BORN 2014-2015					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Athena Tong	ON	Moohan Taekwondo	6.633	Taegeuk 7
2	Arin Lee	BC	SC Kim's Taekwondo	5.933	Taegeuk 8
3	Kaaytlin Lam	ON	Myung's Taekwondo Richmond Hill	5.833	Taegeuk 6
3	Serin Ahn	ON	Sohn's Agape Taekwondo	5.767	Taegeuk 8
5	Madisyn Henderson	ON	Master Kang's Black Belt Martial Arts	5.233	Taegeuk 6

INDIVIDUAL FEMALE: 4-1 GUP - BORN 2012-2013					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Elizabeth Chua	BC	Jeon Eui Taekwondo	7.367	Taegeuk 6
2	Victoria Chua	BC	Jeon Eui Taekwondo	7.267	Taegeuk 6
3	Shanice Fong	BC	Wu's Taekwondo Canada	7.100	Taegeuk 8
3	Kalla Kwan	ON	Master Kang's Black Belt Martial Arts	7.000	Taegeuk 6
T5	Emma Hernandez	ON	Dragon Taekwondo Academy Oakville	6.633	Taegeuk 8
T5	Clara Dami Chang	QC	Raymond Mourad Taekwondo Academy	6.633	Taegeuk 8
T5	Olivia Crotty	ON	Dragon Taekwondo Academy Oakville	6.633	Taegeuk 8
8	Hailey Chan	BC	Wu's Taekwondo Canada	6.467	Taegeuk 7
9	Ezra Stitchon	BC	SC Kim's Taekwondo	6.400	Taegeuk 7
10	Kenzie Vance	BC	Cascadia Martial Arts	6.100	Taegeuk 7
11	Emmanuelle Lee	BC	SC Kim's Taekwondo	5.700	Taegeuk 8

INDIVIDUAL FEMALE: 4-1 GUP - BORN 2009-2011

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Ilicia Fong	BC	Wu's Taekwondo Canada	7.167	Taegeuk 8
2	Jennifer Wang	BC	Wen Wu Tang	7.000	Taegeuk 8
3	Grace Lim	AB	Jeon's Traditional Taekwondo	6.833	Taegeuk 6
3	Finnley Harrison	SK	Kim's East Zone Taekwondo	6.767	Taegeuk 8
5	Jane Cao	AB	Jeon's Traditional Taekwondo	6.567	Taegeuk 8
6	Kaitlyn Sze	BC	Wu's Taekwondo Canada	6.433	Taegeuk 8
7	Vienna Chan	BC	Wu's Taekwondo Canada	6.033	Taegeuk 8
8	Amy Woo	BC	SC Kim's Taekwondo	6.000	Taegeuk 8
9	Sophia Heo	BC	Lim's Taekwondo	5.767	Taegeuk 7
10	Nataliya Okudzeto	ON	Dragon Taekwondo Academy	5.600	Taegeuk 6
11	Maria Mikhael	SK	Kees Taekwondo Yorkton	5.533	Taegeuk 7
12	Paige Unrau	BC	Comox Valley Taekwondo	5.233	Taegeuk 8

INDIVIDUAL FEMALE: 4-1 GUP - BORN 2006-2008

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Michelle Guo	BC	East Vancouver Taekwondo	7.367	Taegeuk 8
2	Aidyn Pankiw-Brennan	AB	Jeon's Traditional Taekwondo	7.000	Taegeuk 7
3	Alexa Morales	ON	Moohan Taekwondo	6.833	Taegeuk 6
3	Daniela Aritonang	BC	SC Kim's Taekwondo	6.767	Taegeuk 7
5	Zeineb El Ferjani	QC	Académie d'Arts Martiaux St-Leonard	6.567	Taegeuk 7
6	Samikshaa Naik	AB	Jeon's Traditional Taekwondo	6.500	Taegeuk 7
7	Emilie Hvidson	SK	Kees Taekwondo Yorkton	6.033	Taegeuk 8

INDIVIDUAL FEMALE: 4-1 GUP - BORN 1993-2005

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Annika Valenti	QC	M.T.L Taekwondo	6.167	Taegeuk 6
2	Emily Pacheco Goncalves	ON	Forest Hill Taekwondo	5.867	Taegeuk 8



INDIVIDUAL FEMALE: 4-1 GUP - BORN 1983-1992

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Magali Nguyen	QC	Académie d'Arts Martiaux St-Leonard	6.267	Taegeuk 7
2	Mirim Son	BC	SC Kim's Taekwondo	5.867	Taegeuk 7

INDIVIDUAL FEMALE: 4-1 GUP - BORN 1973-1982

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Nicole Ball	SK	North Battleford Taekwondo Academy	7.233	Taegeuk 7
2	Alice Nga Lai Kwan	BC	Wu's Taekwondo Canada	6.900	Taegeuk 8

RECREATIONAL POOMSAE COMPETITION

4-1 GUP - INDIVIDUAL MALE

INDIVIDUAL MALE: 4-1 GUP - BORN 2016+					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	King Hang Kingston Cheng	BC	SC Kim's Taekwondo	6.533	Taegeuk 6

INDIVIDUAL MALE: 4-1 GUP - BORN 2014-2015					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Mason Chan	BC	Wu's Taekwondo Canada	7.200	Taegeuk 8
2	Medwin Gau	BC	Wu's Taekwondo Canada	6.433	Taegeuk 6
3	Jasper Ho Wah Tsoi	BC	Wu's Taekwondo Canada	6.267	Taegeuk 7
3	Ching Lin Han	BC	Wu's Taekwondo Canada	5.967	Taegeuk 7
5	Jayden Zhu	BC	Wen Wu Tang	5.833	Taegeuk 8
T6	Mason Bodick	BC	Cascadia Martial Arts	5.600	Taegeuk 6
T6	Tyler Tran	QC	M.T.L Taekwondo	5.600	Taegeuk 6
T8	Ryan Charles	ON	Sohn's Agape Taekwondo	5.300	Taegeuk 8
T8	Cutis Tam	QC	M.T.L Taekwondo	5.300	Taegeuk 8
10	Adam El Haj Khalil	ON	Dragon Taekwondo Academy Oakville	5.267	Taegeuk 8
11	Abdul-Sami Tyson	ON	Dragon Taekwondo Academy	4.867	Taegeuk 7
T12	Oliver Fernandes	ON	Dragon Taekwondo Academy	4.733	Taegeuk 8
T12	Griffin Ireland	ON	Dragon Taekwondo Academy	4.733	Taegeuk 8

INDIVIDUAL MALE: 4-1 GUP - BORN 2012-2013					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Abel Wong	BC	Wu's Taekwondo Canada	7.167	Taegeuk 7
2	Nathan Wong	BC	East Vancouver Taekwondo	6.933	Taegeuk 6
3	Ethan Liam Ponce	ON	Master Kang's Black Belt Martial Arts	6.833	Taegeuk 6
3	Tyson Poon	AB	Calgary Taekwondo Academy	6.567	Taegeuk 8
5	Raiden Hergott	ON	Master Kang's Black Belt Martial Arts	6.467	Taegeuk 6
6	Alan Chen	BC	Wen Wu Tang	6.067	Taegeuk 8
7	Hridhaan Dave	ON	Dragon Taekwondo Academy	5.567	Taegeuk 6
8	Michael Strong	MB	Pro Taekwondo School	5.533	Taegeuk 7



INDIVIDUAL MALE: 4-1 GUP - BORN 2009-2011					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	MacGregor Harrison	SK	Kim's East Zone Taekwondo	6.267*	Taegeuk 8
2	Leonardo Venado	BC	Jeon Eui Taekwondo	6.267*	Taegeuk 7
3	Nathan Roh	QC	M.T.L Taekwondo	6.067	Taegeuk 7
3	Saleel Arin	ON	Dragon Taekwondo Academy	5.933*	Taegeuk 6
5	Augustus Dingrui Ma	BC	Cascadia Martial Arts	5.933*	Taegeuk 8
6	Hanson Wang	BC	SC Kim's Taekwondo	5.733	Taegeuk 8
7	William Liang	BC	Wen Wu Tang	5.700	Taegeuk 6
8	Dawson Kwan	ON	Master Kang's Black Belt Martial Arts	5.267	Taegeuk 6

* = Tiebreak

INDIVIDUAL MALE: 4-1 GUP - BORN 2006-2008					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Lucas Edmonds	SK	Kim's East Zone Taekwondo	6.067	Taegeuk 6
2	Andy Tang	BC	Wen Wu Tang	5.967	Taegeuk 8
3	David Souliere	ON	Blue Wave Taekwondo	5.600	Taegeuk 8

INDIVIDUAL MALE: 4-1 GUP - BORN 1993-2005					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Hector Gomez	QC	M.T.L Taekwondo	6.200	Taegeuk 8

INDIVIDUAL MALE: 4-1 GUP - BORN 1973-1982					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Van Loc Tran	QC	Académie d'Arts Martiaux St-Leonard	6.967	Taegeuk 7

INDIVIDUAL MALE: 4-1 GUP - BORN 1958-1962					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Rahim Ghanbari	BC	SC Kim's Taekwondo	6.567	Taegeuk 8

RECREATIONAL POOMSAE COMPETITION

BLACK BELT - INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: BLACK BELT - BORN 2012-2013					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Gretchen VandenBrink	AB	Master Rim's Taekwondo	6.700	Taebaek
2	Chaeyu Lee	NS	K-Top Taekwondo and Martial Arts	6.400	Koryo
3	Leah Lee	BC	SC Kim's Taekwondo	5.967	Koryo
3	Seher Bhatt	ON	Dragon Taekwondo Academy	5.900	Keumgang
5	Victoria Ng	ON	Myung's Taekwondo Richmond Hill	5.600	Koryo
6	Prisha Bhella	ON	Black Belt Jung's Taekwondo	4.733	Koryo

INDIVIDUAL FEMALE: BLACK BELT - BORN 2009-2011					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Alexis Shen	BC	SC Kim's Taekwondo	7.367	Keumgang
2	Younghyun Shin	NS	Woo Yong's Taekwondo Academy	7.133	Koryo
3	Zara El Bernoussi	ON	Dragon Taekwondo Academy	6.767	Koryo
3	Ria Victoria Kim	ON	Phoenix Taekwondo Academy	6.700	Koryo
5	Emily Du	BC	Wen Wu Tang	6.600	Taebaek
T6	Maryam Abdelhamid	AB	Master Rim's Taekwondo	6.300	Koryo
T6	Melody Zhang	BC	Wen Wu Tang	6.300	Taebaek
8	Mila Jean	AB	Master Rim's Taekwondo	5.967	Koryo
9	Seokyeong Lee	BC	SC Kim's Taekwondo	5.933	Keumgang
10	Tiana Liu	AB	Master Rim's Taekwondo	5.867	Koryo
11	Eileen Day	BC	Comox Valley Woo Kim Taekwondo	5.767	Keumgang

INDIVIDUAL FEMALE: BLACK BELT - BORN 2006-2008					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Srijana Basu	ON	Son's Taekwondo	7.067	Keumgang
2	Annika Das-Pal	ON	Moohan Taekwondo	6.300	Koryo
3	Nina Liu	BC	Wen Wu Tang	6.233	Taebaek
3	Jordan Elder	BC	Kees Taekwondo	6.067	Keumgang

INDIVIDUAL FEMALE: BLACK BELT - BORN 1993-2005					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Lauren Woo	AB	Calgary Taekwondo Academy	7.433	Koryo

INDIVIDUAL FEMALE: BLACK BELT - BORN 1963-1972					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Barbara Evans	SK	Kees Taekwondo Yorkton	6.333	Taebaek
2	Monica Fraske-Bornyk	SK	Kees Taekwondo Yorkton	5.900	Taebaek

INDIVIDUAL FEMALE: BLACK BELT - BORN 1958-1962					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Linda Touzin	ON	Blue Wave Taekwondo	5.667	Taebaek

RECREATIONAL POOMSAE COMPETITION

BLACK BELT - INDIVIDUAL MALE

INDIVIDUAL MALE: BLACK BELT - BORN 2014-2015					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Sahn Kim	ON	Sohn's Agape Taekwondo	6.600*	Koryo
2	Julian Chang	ON	Myung's Taekwondo Richmond Hill	6.600*	Koryo
3	Geon Kim	ON	Sohn's Agape Taekwondo	6.267	Koryo
3	Dhruv Ankith	AB	Master Rim's Taekwondo	6.067	Koryo
5	Yuha Lee	NS	K-Top Taekwondo and Martial Arts	5.433	Koryo

* = Tiebreak

INDIVIDUAL MALE: BLACK BELT - BORN 2012-2013					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Adam Hoang	BC	Wu's Taekwondo Canada	7.767	Koryo
2	Miles Yu	BC	Wu's Taekwondo Canada	7.400	Koryo
3	Matthew Zhou	BC	Wu's Taekwondo Canada	6.967	Koryo
3	Ethan Ho-Ting	QC	M.T.L Taekwondo	6.933	Koryo
5	Liam Jace Urfano	ON	Myung's Taekwondo Richmond Hill	6.667	Koryo
6	August Li	ON	Myung's Taekwondo Richmond Hill	6.633	Koryo
7	Han Eric Guo	BC	Wen Wu Tang	6.433	Taebaek
8	Omar El Haj Khalil	ON	Dragon Taekwondo Academy Oakville	6.233	Keumgang
9	Isaiah Yin	ON	Sohn's Agape Taekwondo	6.033	Koryo

INDIVIDUAL MALE: BLACK BELT - BORN 2009-2011					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Jerry Han	BC	Wen Wu Tang	6.300	Taebaek
2	Zhi Yao Justin Liu	BC	Wen Wu Tang	5.667	Taebaek
3	Sebastien Racine	ON	Moohan Taekwondo	5.600	Koryo
3	Gareth Ireland	ON	Dragon Taekwondo Academy	5.533	Keumgang
5	Aiden James Urfano	ON	Myung's Taekwondo Richmond Hill	5.433	Koryo
6	Alexandre Hurtubise	QC	M.T.L Taekwondo	5.333	Koryo
7	Jordan Fong	ON	Myung's Taekwondo Richmond Hill	5.200	Koryo
8	Ayaan Azmath	ON	Dragon Taekwondo Academy Oakville	4.800	Koryo

INDIVIDUAL MALE: BLACK BELT - BORN 2006-2008

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Puifung Yip	ON	Myung's Taekwondo Richmond Hill	6.333	Taebaek
2	Christopher Shen	BC	SC Kim's Taekwondo	5.933	Koryo
3	Ethan Sudfeld	MB	Pro Taekwondo School	5.067	Koryo

INDIVIDUAL MALE: BLACK BELT - BORN 1983-1992

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Hansaem Lee	ON	Taekwondo Masters Academy (TMA)	7.600	Taebaek
2	IlGwon Jang	NB	Saint John Taekwondo	6.867	Taebaek
3	Joseph Enero	ON	Moohan Taekwondo	6.600	Koryo

INDIVIDUAL MALE: BLACK BELT - BORN 1973-1982

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Dale Roach	NB	Quispamsis Taekwondo	7.100	Taebaek
2	Hyunwoo Ahn	ON	Sohn's Agape Taekwondo	6.267	Koryo
3	Alan Prodonick	ON	Blue Wave Taekwondo	5.967	Taebaek

INDIVIDUAL MALE: BLACK BELT - BORN 1963-1972

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Marcelo Sarkis	ON	Blue Wave Taekwondo	6.167	Taebaek
2	Brad Surjik	SK	Kees Taekwondo Yorkton	5.700	Taebaek
3	Wooje (Woo Je) Jo	AB	Master Rim's Taekwondo	5.433	Koryo

INDIVIDUAL MALE: BLACK BELT - BORN <=1957

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Garry Bateman	SK	Kees Taekwondo Yorkton	6.000	Keumgang