



**- GENERAL INFORMATION -**

**SANCTIONING**

**World Taekwondo**

10<sup>th</sup> Floor, Booyoung Taepyung Building  
55, Sejong-daero, Jung-gu, Seoul  
Republic of Korea 04513

**World Ranking**

G2 Ranked Event

**Pan American Taekwondo Union**

General Guadalupe Victoria 214, Zona Centro, 20000  
Aguascalientes, Mexico

**ORGANIZER**

**Taekwondo Canada**

2451 Riverside Drive  
Ottawa, Ontario  
Canada  
K1H 7X7

**Contact:**

[events@taekwondo-canada.com](mailto:events@taekwondo-canada.com)

**VENUE & DATES**

**Canada Place**

100 The Pointe, 999 Canada Place  
Vancouver, British Columbia  
Canada  
V6C 3T4

February 9, 2024 to February 10, 2024

**- EVENTS -**

**KYORUGI - CADET**

MALE DIVISIONS		FEMALE DIVISIONS	
Under 33kg	Not exceeding 33kg	Under 29kg	Not exceeding 29kg
Under 37kg	Over 33kg and not exceeding 37kg	Under 33kg	Over 29kg and not exceeding 33kg
Under 41kg	Over 37kg and not exceeding 41kg	Under 37kg	Over 33kg and not exceeding 37kg
Under 45kg	Over 41kg and not exceeding 45kg	Under 41kg	Over 37kg and not exceeding 41kg
Under 49kg	Over 45kg and not exceeding 49kg	Under 44kg	Over 41kg and not exceeding 44kg
Under 53kg	Over 49kg and not exceeding 53kg	Under 47kg	Over 44kg and not exceeding 47kg
Under 57kg	Over 53kg and not exceeding 57kg	Under 51kg	Over 47kg and not exceeding 51kg
Under 61kg	Over 57kg and not exceeding 61kg	Under 55kg	Over 51kg and not exceeding 55kg
Under 65kg	Over 61kg and not exceeding 65kg	Under 59kg	Over 55kg and not exceeding 59kg
Over 65kg	Over 65kg	Over 59kg	Over 59kg

**KYORUGI - JUNIOR**

MALE DIVISIONS		FEMALE DIVISIONS	
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42kg





Under 48kg	Over 45kg and not exceeding 48kg	Under 44kg	Over 42kg and not exceeding 44kg
Under 51kg	Over 48kg and not exceeding 51kg	Under 46kg	Over 44kg and not exceeding 46kg
Under 55kg	Over 51kg and not exceeding 55kg	Under 49kg	Over 46kg and not exceeding 49kg
Under 59kg	Over 55kg and not exceeding 59kg	Under 52kg	Over 49kg and not exceeding 52kg
Under 63kg	Over 59kg and not exceeding 63kg	Under 55kg	Over 52kg and not exceeding 55kg
Under 68kg	Over 63kg and not exceeding 68kg	Under 59kg	Over 55kg and not exceeding 59kg
Under 73kg	Over 68kg and not exceeding 73kg	Under 63kg	Over 59kg and not exceeding 63kg
Under 78kg	Over 73kg and not exceeding 78kg	Under 68kg	Over 63kg and not exceeding 68kg
Over 78kg	Over 78kg	Over 68kg	Over 68kg

## KYORUGI - SENIOR

MALE DIVISIONS		FEMALE DIVISIONS	
Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46kg
Under 58kg	Over 54kg and not exceeding 58kg	Under 49kg	Over 46kg and not exceeding 49kg
Under 63kg	Over 58kg and not exceeding 63kg	Under 53kg	Over 49kg and not exceeding 53kg
Under 68kg	Over 63kg and not exceeding 68kg	Under 57kg	Over 53kg and not exceeding 57kg
Under 74kg	Over 68kg and not exceeding 74kg	Under 62kg	Over 57kg and not exceeding 62kg
Under 80kg	Over 74kg and not exceeding 80kg	Under 67kg	Over 62kg and not exceeding 67kg
Under 87kg	Over 80kg and not exceeding 87kg	Under 73kg	Over 67kg and not exceeding 73kg
Over 87kg	Over 87kg	Over 73kg	Over 73kg

## - CONTESTANTS -

### WORLD TAEKWONDO (WT) GLOBAL LICENSE

- A World Taekwondo Global Licence is required by all athletes, coaches and officials participating in Canada Open 2024. World Taekwondo Global License registrations & renewals can only be made through the WT recognized Member National Associations and applications should be made at least **2 months before the tournament starts** to ensure the WT Global License can be processed and approved in time. The WT Global License must be valid for 2024 or renewed to be used for 2024.
- The WT Global license is the responsibility of all participants (athletes, coaches and officials) participating at Canada Open 2024 and must be registered and approved through their respective WT Member National Association.
- **\*\*There will be NO World Taekwondo Global Licenses registration onsite\*\***

### ATHLETE ELIGIBILITY

- Must have a Kukkiwon Dan or Poom certificate
- Must have a valid 2024 World Taekwondo Global License with event pass
- Must be a member of the team/club of a pertinent Member National Association (MNA), recognized by World Taekwondo
- Age Requirements:
  - Cadet - Born in 2010, 2011 or 2012
  - Junior - Born in 2007, 2008 or 2009
  - Senior - Born in 2007 or earlier
  - *\* All competitors must prove their age by presenting their passport or identification card at weigh-in (kyorugi athletes) \**



## COACH ELIGIBILITY

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- Must be 18 years of age or older
- Must have a valid 2024 World Taekwondo Global License with event pass
- Must have a World Taekwondo Coach License Level I Coach Certification or the respective CU Coach License (granted by participation in a WT recognized CU Coach Seminar)
  - Any coach that is unable to provide proof of a WT coach certification will not be permitted to coach at this event

### Notes for Coaches

- For Access to the WT Level I Coach Certification course please visit:  
<https://worldtkd.simplycompete.com/courses?pageNumber=1&itemsPerPage=12&courseType=all&isArchived=false&isOffline=>
- If you are coaching both Kyorugi and Poomsae, you will only need to register as a Kyorugi coach

### Coach Dress Code and Regulations

- Athletic attire/team tracksuit or business attire
- Jeans and doboks are not permitted
- Closed footwear only; no heels or sandals
- No chewing gum or use of electronic devices, such as cell phones, PDA or video cameras
- Coaches perceived to be under the influence of alcohol/drugs will not be allowed in the competition area
- All coaches are required to wear a sport coat for the semi-final and final rounds
- Any type of cap/hat is not allowed

## - COMPETITION & RULES -

### KYORUGI COMPETITION

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#### Competition Rules

- The latest published [World Taekwondo Competition Rules & Interpretation](#) shall be applied
- Cadets will not use height/weight divisions

#### Competition System

- Single elimination tournament system will be used for all divisions of kyorugi competition
- Best of three (3) system

#### Contest Time

- Cadet and Junior divisions - 1:30 minutes each round with 1 minute break between each round
- Senior division - 2:00 minutes each round with 1 minute break between each round
- The WT Technical Delegate has the authority to adjust the contest time as they see fit

#### Seeding

- Cadet and Junior divisions - random draws
- Senior division - seeded according to the published January 2024 World Taekwondo rankings



## Draws

- Draw sheets and brackets will be published one (1) day before the start of each competition day by 9:00pm PST on the following platforms:
  - Website: [taekwondo-canada.com/events/canada-open](https://taekwondo-canada.com/events/canada-open)
  - Facebook: [facebook.com/Taekwondo.Canada](https://facebook.com/Taekwondo.Canada)

## Technical Meeting

- The Technical Meeting will take place on February 7<sup>th</sup>, 2024 at the host hotel

## Uniform & Equipment

- **PSS:** KPNP Protector and Scoring System
  - Protector and Scoring System (Headgear and Chest Protector) will be provided to athletes
  - The head protector for cadet athletes may be equipped with a face shield
- **Uniform:** Athletes are required to wear a World Taekwondo recognized kyorugi uniform and World Taekwondo recognized protective equipment
  - The latest version of World Taekwondo recognized manufacturers' list is available on the World Taekwondo website
- Athletes are required to bring their own groin guards, mouthpieces, gloves, KPNP sensing socks and shin and forearm guards for their personal use
- **Mats:** World Taekwondo recognized mats will be used for this event
- Instant Video Replay (IVR) System will be used

## Inspection

- Athletes must pass inspection before each match
- All mandatory equipment is required at the time of inspection
- Athletes will have 10 minutes to report and pass inspection - NO EXCEPTIONS
- Athletes receiving medical attention are NOT considered checked into inspection

## General Weigh-In

- General Weigh-In of athletes shall take place on the day before their respective weight category
  - Athletes may have two attempts to make weight before the end of the weigh-in period
- There will be NO EXEMPTIONS to weigh-in time
- Senior athletes: Weigh-in may be conducted in the nude for senior athletes, if they wish to do so
  - Athletes that are 17 years of age and competing in the Senior division must weigh in with underwear(s)
- Cadet and Junior athletes: must be weighed with clothing, dobok or underwear(s) and 100 grams will be allowed to compensate
- **Athletes must have photo identification when attending weigh-in** (i.e. passport, driver's license, school ID, etc.)

## Random Weigh-In

- Random weigh-in of athletes shall take place in the morning of the competition day of their respective weight category, except for heavy weight divisions
  - Random weigh-in will be conducted with plus 5% tolerance of the athlete's weight category
  - Athletes will have one attempt to make the weight



- The rate of selection for the random weigh-in shall be determined by the number of contestants in the weight category:
  - More than 32 athletes: 20% of total
  - 17-32 athletes: 6 athletes
  - 9-16 athletes: 4 athletes
  - 5-8 athletes: 2 athletes
  - 4 or below: no random weigh-in
- Random weigh-in lists will be published at 7:00am PST the morning of each competition day on the following platforms:
  - Website: [taekwondo-canada.com/events/canada-open](https://taekwondo-canada.com/events/canada-open)
  - Facebook: [facebook.com/Taekwondo.Canada](https://facebook.com/Taekwondo.Canada)
- Selected athletes must be present at the venue at 8:00am PST
  - Should a contestant that is selected for the random weigh-in fail to appear, he/she will be disqualified

### Awards

- Medals will be awarded to the top four athletes in each event
  - 1st Place: Gold Medal
  - 2nd Place: Silver Medal
  - 3rd Place: Bronze Medal
  - 3rd Place: Bronze Medal
- Best Male and Best Female Kyorugi Team Coach
- Best Male and Best Female International Referee
- Best Male and Best Female athlete in the Senior Kyorugi Division
- Full results will be posted on the [Taekwondo Canada website](#) after each day of competition

## - REGISTRATION -

### ONLINE REGISTRATION

- Event registration is only possible with a valid 2024 World Taekwondo Global License
- Registration must be completed online at [worldtkd.simplycompete.com](https://worldtkd.simplycompete.com)
- **Registrations onsite will not be accepted**
- Accreditations will be available for athletes and coaches

### TIMELINES & FEES

**\*All registration deadlines are in Pacific Time\***

	TIMELINE	ATHLETES	COACHES	CHANGES TO EVENT
<b>REGULAR REGISTRATION</b>	Before January 19, 2024	<b>\$150 USD</b> <i>Per individual for 1 event</i>	<b>\$100 USD</b>	Contact events@taekwondo-canada.com
<b>LATE REGISTRATION</b>	January 19, 2024 to January 26, 2024 at 5:00pm PST	<b>\$200 USD</b> <i>Per individual for 1 event</i> <b>\$250 USD</b> <i>Per individual for 2 event</i>	<b>\$100 USD</b>	Contact events@taekwondo-canada.com
<b>ONSITE</b>	<b><u>NO REGISTRATIONS WILL BE ACCEPTED ONSITE</u></b>			<b>\$100 USD</b> <i>for each change</i>





- Weight changes will be accepted up until the start of general weigh-in for the respective division
- Prior to the registration deadline, any changes to events (ie. weight changes) can be made by emailing [events@taekwondo-canada.com](mailto:events@taekwondo-canada.com)
- All changes after the registration deadline shall be completed and paid for onsite

## PAYMENT

**\*ALL ENTRY FEES SHALL BE PAID IN ADVANCE TO TAEKWONDO CANADA THROUGH SIMPLY COMPLETE DURING REGISTRATION\***

**PAYMENT FOR REGISTRATION WILL NOT BE ACCEPTED ON SITE.**

- **Payments must be made IN FULL** prior to the respective deadline to secure the corresponding rate
- Fees for event changes after registration deadline shall be collected when picking up accreditations
- There will be **NO REFUNDS** for this event
- If a wire transfer needs to be done directly to Taekwondo Canada due to national policies of MNA, please refer to the following information:

Name on account:	Taekwondo Canada
Name of bank:	Bank of Montreal
Bank address:	250 Greenbank Road, Ottawa, Ontario, K2H 8X4
Account number:	4604-940
Transit number:	2999
Institution number:	001
Swift code:	BOFMCAT2XXX

**\*SUBMIT A COPY OF YOUR WIRE TRANSFER PAYMENT TO: [EVENTS@TAEKWONDO-CANADA.COM](mailto:EVENTS@TAEKWONDO-CANADA.COM)\***

## ACCESS TO COMPETITION AREA

- Accreditation is mandatory to access the competition area or the warm-up area.
- By accepting and/or downloading an accreditation, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo events
- Only athletes and their coaches will have admittance with valid accreditations to the contest areas

## ENTRY VISA INFORMATION

- Individuals or delegations requiring an invitation letter are required to fill out the [Canada Open Invitation Request Form](#) online
  - The request form must be submitted before January 19th, 2024
  - Late applications will NOT be responded to
- For questions, please contact [events@taekwondo-canada.com](mailto:events@taekwondo-canada.com)

### Visa Information

- Participants are required to check Canada's entry visa application waiting times in their own countries and submit requests for recommendation letters through the online form if applicable
- The Organizing Committee cannot guarantee entry into Canada and can only offer assistance
- It is the responsibility of each participant to apply for and secure the correct entry visa for Canada if required



- The visa application process should be started at least one week before the waiting time deadline in the participant's home country

## ACCREDITATION DOWNLOAD/PICK UP

- Accreditations will be produced for all registered persons
- Starting February 7<sup>th</sup>, 2024 athletes will be able to download a digital accreditation using their WT Global License number
  - Download instructions will be shared on the Taekwondo Canada website
  - The digital accreditation must be kept with them at all times
  - All kyorugi athletes must download their digital accreditation prior to their general weigh-in
- Coaches will receive a printed accreditation onsite and can pick it up at designated times and locations outlined below

### Location

#### Canada Place

100 The Pointe, 999 Canada Place  
Vancouver, British Columbia  
Canada  
V6C 3T4

### Date and Time

February 7, 2023: 1:00pm to 4:00pm  
February 8, 2023: 8:30am to 3:30pm (at admission)  
February 9, 2023: 8:30am to 3:30pm (at admission)

## - MEDICAL CONTROL -

## ANTI-DOPING

- The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions
- Compulsory anti-doping tests will be carried out for selected medalists, while random tests will be conducted to the rest of the athletes
- The WT and/or WADA may carry out random out of competition testing prior to this event

## Therapeutic Use Exemption (TUE)

- TUE Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. If you do not have an ADAMS account yet, please contact [tue@ita.sport](mailto:tue@ita.sport) to have it set up.
- Otherwise, please download the TUE Application Form at [International Testing Agency - Therapeutic Use Exemption \(TUE\) Application Form - International Testing Agency \(ita.sport\)](#) and once duly completed and signed, send it together with the required medical file to [tue@ita.sport](mailto:tue@ita.sport) with copy to [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org) by at least 30 days before the first competition day. For more details, please see the following page of the WT website: [worldtaekwondo.org/anti\\_doping-wt/therapeutic.html](http://worldtaekwondo.org/anti_doping-wt/therapeutic.html)

## MOUTHGUARDS, TAPING & BRACING

- World Taekwondo Mouth guard, Taping and Bracing rules will be applied and can be found on the [World Taekwondo Website](#)





## MEDICAL INSURANCE

- It is mandatory for all participating athletes, coaches and team officials to have medical insurance that covers medical care and in case of emergency, repatriation to their home country
- All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs

## - ADMISSION -

### SPECTATOR TICKETS

February 8, 2024	February 9, 2024	February 10, 2024
\$20.00 CAD	\$20.00 CAD	\$20.00
\$50.00 CAD (event pass for all three (3) days of competition)		

- Wristbands will be given as a spectator's pass and must be worn at all times
- Children aged 4 and under are free
- Payment for spectator tickets can be made onsite at the admission desk

### LIVESTREAM

- Competition live stream can be accessed through the Taekwondo Canada YouTube Channel

## - MEDIA & PRESS -

### MEDIA ACCREDITATION

- Registered media and press officials or official photographers are entitled to receive a media and press accreditation card
  - For more information, contact Taekwondo Canada at [ed@taekwondo-canada.com](mailto:ed@taekwondo-canada.com)
- By accepting a media and press accreditation, the accredited person agrees to follow the instructions of Taekwondo Canada at all times

## - ACCOMMODATION & TRANSPORTATION -

All accredited individuals participating at the event are strongly recommended to book their accommodations at the Host Hotel through the Organizing Committee using the information below:

### ACCOMMODATION

#### Pan Pacific Hotel Vancouver

- **Address:** Suite 300-999 Canada Place, Vancouver, British Columbia, V6C 3B5, Canada
- **Website:** [panpacific.com/en/hotels-and-resorts/pp-vancouver.html](http://panpacific.com/en/hotels-and-resorts/pp-vancouver.html)
- **Contact Information:**
  - Toll Free Numbers: 1-800-663-1515 (Canada) / 1-800-937-1515 (USA)
  - Email: [Reservations@PanPacificVancouver.com](mailto:Reservations@PanPacificVancouver.com)
  - Reservations Direct Phone: 604-662-3223
  - Reservations Direct Fax: 604-895-2469





**\*\* BOOK YOUR ROOMS BEFORE JANUARY 9<sup>TH</sup>, 2024 TO SECURE THE EVENT ROOM RATE \*\***

- **Booking Link:** <https://book.passkey.com/go/taekwondo2024>
- **Reservation ID:** TAEK0224 (Please quote to the Reservations Agent)
- **Room Rate:** \$229.00 CAD

## TRANSPORTATION

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- Transportation is the sole responsibility of participants

### - SAFE SPORT -

If you are a victim or witness of harassment, abuse or discrimination in sport, contact the free, anonymous and confidential Abuse-Free Sport Helpline to report and/or be referred to the appropriate resources:

- Call or text: 1-888-837-7678
- [info@abuse-free-sport.ca](mailto:info@abuse-free-sport.ca)

The Abuse-Free Sport Helpline is not a crisis line. For all urgent situations requiring immediate intervention, contact 911.



**- SCHEDULE -**

**EVENT SCHEDULE**

*\*Times and locations are subject to change\**

DATE	TIME (PST)	EVENT	LOCATION
February 7, 2024	1:00pm - 4:00pm	Accreditation Pick Up	Canada Place
	4:00pm	Technical Meeting for Poomsae and Kyorugi	Pan Pacific Hotel Vancouver
February 8, 2024	8:30am - 3:30pm	Accreditation Pick Up & Admission	Canada Place
	9:00am	Poomsae Competition	Canada Place
	10:00am - 12:00pm	General Weigh-In for Cadet and Junior Kyorugi divisions	Pan Pacific Hotel Vancouver
	9:00pm	Publication of Cadet and Junior Kyorugi draw sheets	
February 9, 2024	7:00am	Publication of Random Weigh-In for Cadet and Junior Kyorugi divisions	
	8:00am	Random Weigh-In for Cadet and Junior Kyorugi divisions	Canada Place
	8:30am - 3:30pm	Accreditation Pick Up & Admission	Canada Place
	9:00am	Cadet and Junior Kyorugi Competition	
	10:00am - 12:00pm	General Weigh-In for Senior Kyorugi divisions	Pan Pacific Hotel Vancouver
	9:00pm	Publication of Senior Kyorugi draw sheets	
February 10, 2024	7:00am	Publication of Random Weigh-In for Senior Kyorugi divisions	
	8:00am	Random Weigh-In for Senior divisions	Canada Place
	8:30am - 3:30pm	Admission	Canada Place
	9:00am	Senior Kyorugi Competition	



**- MEDIA RELEASE -**

I hereby agree to be filmed, videotaped and photographed, and to have my name, image, picture, likeness, voice and biographical information otherwise recorded, in any media, by Taekwondo Canada (TC) and its official photographers and video crews, and by any other entity authorized by Taekwondo Canada (the "Footage"). I hereby grant Taekwondo Canada and its assigns the irrevocable, perpetual, fully paid up, worldwide right and license to use, and to authorize third parties to use, in all media, the Footage for: (1) news and information purposes, (2) promotion of me and the specific competition(s) in which I compete, (3) promotion of Taekwondo Canada Teams, and (4) promotion of Taekwondo Canada without the need to seek any further consent from me.

I acknowledge and agree that the programming in which the Footage is used, and the media through which the Footage is distributed, may contain advertising and sponsorships; provided that, in no event may Taekwondo Canada use or authorize the commercial use of the Footage in any manner that would imply my endorsement of any company, product, or service, without my written permission.

My permission will not be unreasonably withheld, delayed or conditioned provided that the proposed commercial association does not create sponsor conflicts for me. Taekwondo Canada shall have all right, title and interest in any and all results and proceeds from usage of the Footage.