

2024 KOREAN AMBASSADOR'S CUP RESULTS

RÉSULTATS DE LA COUPE DE L'AMBASSADEUR DE CORÉE 2024

HIGH PERFORMANCE POOMSAE COMPETITION

HIGH PERFORMANCE BLACK BELT - RECOGNIZED INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 2010-2012 (CADET)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Macy Li	ON	Master Kang's Black Belt Martial Arts	7.617	Taegeuk 8	Taegeuk 7
2	Ashley Lai	ON	Zion Taekwondo	7.350	Taegeuk 8	Taegeuk 7
3	Jane Chung	BC	Jeon Eui Taekwondo	7.133	Taegeuk 8	Taegeuk 7
3	Sophie Lau	ON	Alliance Taekwondo	6.783	Taegeuk 8	Taegeuk 7
5	Arielle Su	BC	Jeon Eui Taekwondo	6.667	Taegeuk 8	Taegeuk 7
6	Zara Bernoussi	ON	Dragon Taekwondo Academy	6.300	Taegeuk 8	Taegeuk 7
7	Finnley Harrison	SK	Kim's East Zone Taekwondo	5.950	Taegeuk 8	Taegeuk 7
8	Gretchen VandenBrink	AB	Master Rim's Taekwondo	5.567	Taegeuk 8	Taegeuk 7
9	Rachel Hing	BC	Cascadia Martial Arts	5.550	Taegeuk 8	Taegeuk 7
10	Phaedra Wheeler	BC	Cascadia Martial Arts	5.483	Taegeuk 8	Taegeuk 7
11	Victoria Kim	ON	Phoenix Taekwondo Academy	5.383	Taegeuk 8	Taegeuk 7
12	Seher Bhatt	ON	Dragon Taekwondo Academy	5.133	Taegeuk 8	Taegeuk 7

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 2007-2009 (JUNIOR)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Rachel Lee	ON	Master Kang's Black Belt Martial Arts	8.117	Taegeuk 6	Koryo
2	Chelsie Andrea Requierme	SK	Kim's East Zone Taekwondo	7.700	Taegeuk 6	Koryo
3	Katrina Lee	BC	Jeon Eui Taekwondo	7.567	Taegeuk 6	Koryo
3	Phylis Jeon	AB	Jeon's Traiditional Taekwondo	7.483	Taegeuk 6	Koryo
5	Fanyi (Emily) Fang	SK	Kees Taekwondo Yorkton	6.817	Taegeuk 6	Koryo
6	Janvy Rattan	ON	Dragon Taekwondo Academy	6.533	Taegeuk 6	Koryo
7	Ashlyn Heath	SK	Kim's TaeKwonDo Moose Jaw	6.333	Taegeuk 6	Koryo
8	Kirsten Murdey	NL	Hi-Performance Taekwondo	6.083	Taegeuk 6	Koryo
9	Andrea Aldeguer	AB	Red Deer Champion Taekwondo	DSQ	Taegeuk 6	Koryo

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 1994-2006 (U30)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Holly Cheuk	BC	Wu's Taekwondo School	7.583	Sipjin	Keumgang
2	Eunji Kim	AB	[Become Better] BB Taekwondo	6.850	Sipjin	Keumgang
3	Ara Cho	AB	[Become Better] BB Taekwondo	6.283	Sipjin	Keumgang
3	Jungmin Ryu	AB	[Become Better] BB Taekwondo	6.033	Sipjin	Keumgang
5	Jasvy Rattan	ON	Dragon Taekwondo Academy	5.600	Sipjin	Keumgang
6	Grace Campbell	AB	Master Rim's Taekwondo	5.333	Sipjin	Keumgang
7	Amira Khan	ON	Phoenix Taekwondo Academy	5.283	Sipjin	Keumgang

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 1984-1993 (U40)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Hyunjeong Lee	BC	East Vancouver Taekwondo	8.117	Jitae	Koryo
2	Lois Fong	BC	Jeon Eui Taekwondo	7.967	Jitae	Koryo
3	Breanne Folk	SK	Kim's East Zone Taekwondo	7.517	Jitae	Koryo
3	Cherri Zhang	BC	Kees Taekwondo Richmond	6.333	Jitae	Koryo

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 1974-1983 (U50)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Ka Wai Wong	ON	Master Kang's Black Belt Martial Arts	7.567	Chonkwon	Keumgang
2	Peggy Sue Bown	NB	Quispamsis Taekwondo	6.633	Chonkwon	Keumgang

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 1964-1973 (U60)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Lisa Gibson	ON	Orleans Taekwondo Academy	7.233	Koryo	Jitae

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 1959-1963 (U65)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Batol Badri Ricciardelli	ON	Tyves Taekwondo	7.217	Pyongwon	Keumgang
2	Anne Cote	QC	Phoenix Taekwondo Academy	6.433	Pyongwon	Keumgang

INDIVIDUAL FEMALE: HP BLACK BELT - BORN 1958 AND EARLIER (O65)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Rachel Belzil	QC	HLD Taekwondo	6.767*	Chonkwon	Taebaek
2	Linda Touzin	ON	Blue Wave Taekwondo Canada	6.767*	Chonkwon	Taebaek

* = Tie Break

HIGH PERFORMANCE POOMSAE COMPETITION

HIGH PERFORMANCE BLACK BELT - RECOGNIZED INDIVIDUAL MALE

INDIVIDUAL MALE: HP BLACK BELT - BORN 2010-2012 (CADET)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Austin Zhu	BC	Jeon Eui Taekwondo	6.517	Taegeuk 8	Taeguek 7
2	Rory Segalowitz	ON	Master Kang's Black Belt Martial Arts	6.217	Taegeuk 8	Taeguek 7
3	Aidan Yeung	BC	Jeon Eui Taekwondo	6.050	Taegeuk 8	Taeguek 7
3	Nathaniel Tso	ON	Zion Taekwondo	5.550	Taegeuk 8	Taeguek 7

INDIVIDUAL MALE: HP BLACK BELT - BORN 2007-2009 (JUNIOR)						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Zi Yang	BC	Jeon Eui Taekwondo	6.633	Taegeuk 6	Koryo
2	Juntaek Yang	ON	Alliance Taekwondo	6.600	Taegeuk 6	Koryo
3	Brandon Kwon	AB	Jeon's Traditional Taekwondo	5.883	Taegeuk 6	Koryo
3	Dustin Zhang	AB	Jeon's Traditional Taekwondo	5.583	Taegeuk 6	Koryo
5	MacGregor Harrison	SK	Kim's East Zone Taekwondo	5.300	Taegeuk 6	Koryo
6	Ethan Chan	AB	[Become Better] BB Taekwondo	5.183	Taegeuk 6	Koryo

(INDIVIDUAL MALE: HP BLACK BELT - BORN 1994-2006 (U30))						
Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Ivan Leung	BC	Wu's Taekwondo School	7.483	Sipjin	Keumgang
2	Darian Chan	BC	Jeon Eui Taekwondo	7.317	Sipjin	Keumgang
3	Gordon Cheuk	BC	Wu's Taekwondo School	7.250	Sipjin	Keumgang
3	Sungbin Kim	AB	[Become Better] BB Taekwondo	7.183	Sipjin	Keumgang
5	William Tam	BC	Jeon Eui Taekwondo	7.000	Sipjin	Keumgang
6	Jeffrey Kwok	BC	Jeon Eui Taekwondo	6.750	Sipjin	Keumgang
7	Joonsoo Lee	AB	[Become Better] BB Taekwondo	6.717	Sipjin	Keumgang



INDIVIDUAL MALE: HP BLACK BELT - BORN 1984-1993 (U40)

Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Yoonsik Park	BC	Taigon Taekwondo	7.917	Jitae	Koryo
2	Matthew Bodnaryk	SK	Kees Taekwondo Yorkton	7.683	Jitae	Koryo
3	IlGwon Jang	NB	Saint John Taekwondo	7.200	Jitae	Koryo
3	Avinash Sudama	ON	Moohan Taekwondo	6.700	Jitae	Koryo

INDIVIDUAL MALE: HP BLACK BELT - BORN 1974-1983 (U50)

Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Andrew Jo	NS	K-Top Taekwondo and Martial arts	7.567	Chonkwon	Keumgang
2	Byeonggeun Park	BC	K Martial Arts Centre	7.417	Chonkwon	Keumgang
3	Nathan Douglas	SK	Kim's Taekwondo Moose Jaw	6.900	Chonkwon	Keumgang

INDIVIDUAL MALE: HP BLACK BELT - BORN 1964-1973 (U60)

Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Jeehoon Sohn	ON	Sohn's Agape Taekwondo	7.883	Koryo	Jitae
2	Mohsen Kazemi	ON	Orangeville Taekwondo	7.600	Koryo	Jitae
3	Dale Roach	NB	Quispamsis Taekwondo	6.717	Koryo	Jitae

INDIVIDUAL MALE: HP BLACK BELT - BORN 1959-1963 (U65)

Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	John Jung Uk Ko	ON	Jung Ko Taekwondo Academy	7.333	Pyongwon	Keumgang
2	Gilles Savoie	NB	Club de Taekwondo de Maria	6.800	Pyongwon	Keumgang
3	Robert Houben	BC	SC Kim's Taekwondo	5.017	Pyongwon	Keumgang

INDIVIDUAL MALE: HP BLACK BELT - BORN 1958 AND EARLIER (O65)

Rank	Name	Province	Club Name	Score	Poomsae Videos	
1	Jacques Leguerier	QC	HLD Taekwondo	7.617	Chonkwon	Taebaek

HIGH PERFORMANCE POOMSAE COMPETITION
HIGH PERFORMANCE BLACK BELT - FREESTYLE INDIVIDUAL MALE

INDIVIDUAL MALE: HP FREESTYLE - BORN 2006 AND EARLIER (O17)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Sungbin Kim	AB	[Become Better] BB Taekwondo	5.540	Freestyle

RECREATIONAL POOMSAE COMPETITION

10-8 GUP - INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: 10-8 GUP - BORN 2017+ (CHILDREN U7)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Peiley Wong	AB	Calgary Taekwondo Academy	7.067	Taegeuk 2
2	Hannah Jafarinodolaghi	BC	Taigon Taekwondo	6.700	Taegeuk 2

INDIVIDUAL FEMALE: 10-8 GUP - BORN 2015-2016 (CHILDREN 8-9)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Rahmah Memon	AB	Jeon's Traiditional Taekwondo	7.567	Taegeuk 1
2	Kenzie Fox	SK	Kees Taekwondo Yorkton	7.133	Taegeuk 2
3	Carol Mikhael	SK	Kees Taekwondo Yorkton	6.467	Taegeuk 1

INDIVIDUAL FEMALE: 10-8 GUP - BORN 2010-2012 (CADET)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Tina Lian	BC	Wen Wu Tang	7.433	Taegeuk 2
2	Ankita Gandha	AB	Jeon's Traiditional Taekwondo	7.300	Taegeuk 1

INDIVIDUAL FEMALE: 10-8 GUP - BORN 2007-2009 (JUNIOR)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Zaarah Kankanige	SK	Kees Taekwondo Yorkton	7.400	Taegeuk 1

INDIVIDUAL FEMALE: 10-8 GUP - BORN 1984-1993 (U40)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Lina Lin	BC	Cascadia Martial Art - Parksville	7.700	Taegeuk 1

RECREATIONAL POOMSAE COMPETITION

10-8 GUP - INDIVIDUAL MALE

INDIVIDUAL MALE: 10-8 GUP - BORN 2015-2016 (CHILDREN 8-9)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Atticus Chan	AB	Jeon's Traditional Taekwondo	7.967	Taegeuk 2
2	Kylan Jones	SK	Melville	7.333	Taegeuk 2

INDIVIDUAL MALE: 10-8 GUP - BORN 2013-2014 (YOUTH)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Ayush Gandha	AB	Jeon's Traditional Taekwondo	7.667	Taegeuk 2

RECREATIONAL POOMSAE COMPETITION

7-5 GUP - INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: 7-5 GUP - BORN 2017+ (CHILDREN U7)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Layla Peneycad	SK	Kims Taekwondo Moose Jaw	7.767	Taegeuk 3

INDIVIDUAL FEMALE: 7-5 GUP - BORN 2015-2016 (CHILDREN 8-9)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Naomi Bo	AB	Jeon's Traditional Taekwondo	8.300	Taegeuk 5

INDIVIDUAL FEMALE: 7-5 GUP - BORN 2013-2014 (YOUTH)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Lael Kim	BC	Cascadia Martial Arts	7.667	Taegeuk 4
2	Laina Wissell	BC	Cascadia Martial Arts	6.967	Taegeuk 4

INDIVIDUAL FEMALE: 7-5 GUP - BORN 2010-2012 (CADET)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Haiqa Memon	AB	Jeon's Traditional Taekwondo	7.967	Taegeuk 5
2	Averie Riffel	SK	Kim's East Zone Taekwondo	7.767	Taegeuk 5
3	Alexis Toews	BC	Cascadia Martial Arts	6.700	Taegeuk 4

INDIVIDUAL FEMALE: 7-5 GUP - BORN 1994-2006 (U30)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Aviya Lee	AB	[Become Better] BB Taekwondo	8.067	Taegeuk 5
2	Sophie Grajczyk	SK	Kim's Taekwondo Moose Jaw	7.433	Taegeuk 3

INDIVIDUAL FEMALE: 7-5 GUP - BORN 1974-1983 (U50)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Trish Smith	SK	Kim's Taekwondo Moose Jaw	7.667	Taegeuk 4

RECREATIONAL POOMSAE COMPETITION

7-5 GUP - INDIVIDUAL MALE

INDIVIDUAL MALE: 7-5 GUP - BORN 2017+ (CHILDREN U7)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Donovan Truong	ON	Moohan Taekwondo	7.533	Taegeuk 3

INDIVIDUAL MALE: 7-5 GUP - BORN 2015-2016 (CHILDREN 8-9)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Gavin Go	ON	Moohan Taekwondo	7.533	Taegeuk 3
2	Maverick Bodnaryk	SK	Kees Taekwondo Yorkton	7.267	Taegeuk 4
3	Logan Schellenbaum	SK	Kees Taekwondo Yorkton	7.200	Taegeuk 5
3	Niels Kronberg	BC	Cascadia Martial Arts	7.167	Taegeuk 4
5	Dannis Wong	AB	Calgary Taekwondo Academy	7.033	Taegeuk 5

INDIVIDUAL MALE: 7-5 GUP - BORN 2013-2014 (YOUTH)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Leonardo Yoon	AB	Jeon's Traditional Taekwondo	7.533	Taegeuk 4
2	Alessandro Ferri	ON	Dragon Taekwondo Academy	6.700	Taegeuk 4

INDIVIDUAL MALE: 7-5 GUP - BORN 2010-2012 (CADET)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Connor Gingrich	AB	Jeon's Traditional Taekwondo	7.667	Taegeuk 5
2	Braden Pacada	SK	Kim's East Zone Taekwondo	7.333	Taegeuk 5

INDIVIDUAL MALE: 7-5 GUP - BORN 2007-2009 (JUNIOR)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	David Lim	ON	Sohn's Agape Taekwondo	7.800	Taegeuk 3
2	William Liang	BC	Wen Wu Tang	7.167	Taegeuk 5

INDIVIDUAL MALE: 7-5 GUP - BORN 1984-1993 (U40)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	James Stuart	SK	Kees Taekwondo Yorkton	7.900	Taeguek 3

INDIVIDUAL MALE: 7-5 GUP - BORN 1964-1973 (U60)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Bruce Conway	NB	Saint John Taekwondo	7.500	Taeguek 3

RECREATIONAL POOMSAE COMPETITION

4-1 GUP - INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: 4-1 GUP - BORN 2017+ (CHILDREN U7)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Lucille Tsang	ON	Taekwondo Masters Academy	7.867	Taegeuk 7

INDIVIDUAL FEMALE: 4-1 GUP - BORN 2015-2016 (CHILDREN 8-9)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Athena Tong	ON	Moohan Taekwondo	8.067	Taegeuk 7
2	Tehillah Yin	ON	Sohn's Agape Taekwondo	7.533	Taegeuk 8
3	Arianna Bakshi	ON	Dragon Taekwondo Academy	6.967	Taegeuk 8

INDIVIDUAL FEMALE: 4-1 GUP - BORN 2013-2014 (YOUTH)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Serah Chan	AB	Jeon's Traditional Taekwondo	7.733	Taegeuk 6
2	Audrey Weinstock	ON	Forest Hill Taekwondo	7.600	Taegeuk 6
3	Shennaethier	SK	Kees Taekwondo Yorkton	7.200	Taegeuk 7
3	Penelope Peterson	SK	Kees Taekwondo Yorkton	6.967	Taegeuk 6
5	Renad Kaawach	ON	Dragon Taekwondo Academy	6.933	Taegeuk 8
6	Aisha Mansour	ON	Dragon Taekwondo Academy	6.800	Taegeuk 8

INDIVIDUAL FEMALE: 4-1 GUP - BORN 2010-2012 (CADET)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Raudah Memon	AB	Jeon's Traditional Taekwondo	7.567	Taegeuk 7
2	Lily Watts	BC	Cascadia Martial Arts	7.400	Taegeuk 8
3	Maria Mikhael	SK	Kees Taekwondo Yorkton	7.300	Taegeuk 8
3	Emily Vien Truong	ON	Dragon Taekwondo Academy	7.133	Taegeuk 8



INDIVIDUAL FEMALE: 4-1 GUP - BORN 2007-2009 (JUNIOR)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Daniela Aritonang	BC	SC Kim's Taekwondo	7.700	Taegeuk 8
2	Camille Pacada	SK	Kim's East Zone Taekwondo	7.500	Taegeuk 6

INDIVIDUAL FEMALE: 4-1 GUP - BORN 1994-2006 (U30)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Emily Goncalves	ON	Forest Hill Taekwondo	7.333	Taegeuk 6
2	Samanta Daniela Rojas Cerda	SK	Kim's East Zone Taekwondo	6.833	Taegeuk 8

INDIVIDUAL FEMALE: 4-1 GUP - BORN 1984-1993 (U40)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Alisha Lyons	NB	Quispamsis Taekwondo	7.533	Taegeuk 7
2	Pavitra Pires	BC	SC Kim's Taekwondo	7.000	Taegeuk 8

INDIVIDUAL FEMALE: 4-1 GUP - BORN 1974-1983 (U50)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Kim Foster Yardley	ON	Forest Hill Taekwondo	6.633	Taegeuk 8

INDIVIDUAL FEMALE: 4-1 GUP - BORN 1964-1973 (U60)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Susan Leung	BC	Metro Performance Taekwondo Studio	7.467	Taegeuk 8

RECREATIONAL POOMSAE COMPETITION

4-1 GUP - INDIVIDUAL MALE

INDIVIDUAL MALE: 4-1 GUP - BORN 2017+ (CHILDREN U7)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Jacob Majchrowski	ON	TaeKwonDo Masters Academy of Canada	7.567	Taegeuk 8

INDIVIDUAL MALE: 4-1 GUP - BORN 2015-2016 (CHILDREN 8-9)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Lucas Han	AB	Jeon's Traditional Taekwondo	7.433	Taegeuk 6
2	Theodore Nadal	ON	Kick Nation Taekwondo Inc	7.367	Taegeuk 7
3	Mason Bodick	BC	Cascadia Martial Arts	7.300	Taegeuk 8
3	Joseph Tarazi	ON	TaeKwonDo Masters Academy of Canada	7.267	Taegeuk 8
5	Gabriel Garlicki	ON	Kick Nation Taekwondo Inc	7.200	Taegeuk 6
6	Lucas Tsang	ON	TaeKwonDo Masters Academy of Canada	7.100	Taegeuk 7
7	Oliver Fernandes	ON	Dragon Taekwondo Academy	6.767	Taegeuk 8

INDIVIDUAL MALE: 4-1 GUP - BORN 2013-2014 (YOUTH)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	William Ng	ON	TaeKwonDo Masters Academy of Canada	7.433	Taegeuk 8
2	Zachary Enero	ON	Moohan Taekwondo	7.167	Taegeuk 7
3	Adrian Jang	ON	Forest Hill Taekwondo	7.000	Taegeuk 6
3	Loukas Kostopoulos	ON	Canadian Family Taekwondo Programs	6.800*	Taegeuk 8
5	Suriyah Mathi	ON	Moohan Taekwondo	6.800*	Taegeuk 6
6	Michael Portnoy	ON	Dragon Taekwondo Academy	6.600	Taegeuk 8

* = Tie Break

INDIVIDUAL MALE: 4-1 GUP - BORN 2010-2012 (CADET)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Owen Enero	ON	Moohan Taekwondo	7.333	Taegeuk 7
2	Benjamin Zelizney	BC	Cascadia Martial Arts	7.233	Taegeuk 8
3	Brayden Schellenbaum	SK	Kees Taekwondo Yorkton	7.133	Taegeuk 6
3	Aadavan Mathi	ON	Moohan Taekwondo	7.000	Taegeuk 6

INDIVIDUAL MALE: 4-1 GUP - BORN 2007-2009 (JUNIOR)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Andy Tang	BC	Wen Wu Tang	7.300	Taegeuk 8

INDIVIDUAL MALE: 4-1 GUP - BORN 1994-2006 (U30)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Dominic Who	ON	Forest Hill Taekwondo	7.233	Taegeuk 6

INDIVIDUAL MALE: 4-1 GUP - BORN 1974-1983 (U50)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Marco Hernandez	ON	Dragon Taekwondo Academy	6.933	Taegeuk 8

RECREATIONAL POOMSAE COMPETITION

BLACK BELT - INDIVIDUAL FEMALE

INDIVIDUAL FEMALE: BLACK BELT - BORN 2015-2016 (CHILDREN 8-9)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Serin Ahn	ON	Sohn's Agape Taekwondo	7.300	Koryo

INDIVIDUAL FEMALE: BLACK BELT - BORN 2013-2014 (YOUTH)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Emma Hernandez Loreto	ON	Dragon Taekwondo Academy	7.233	Koryo

INDIVIDUAL FEMALE: BLACK BELT - BORN 2010-2012 (CADET)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Maria Golubovskaya	ON	Master Myung's Taekwondo Academy - Thornhill	7.267	Keumgang
2	Olivia Crotty	ON	Dragon Taekwondo Academy	6.967	Koryo

INDIVIDUAL FEMALE: BLACK BELT - BORN 2007-2009 (JUNIOR)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Lucy Deng	BC	Wen Wu Tang	7.867	Taebaek
2	Alexis Shen	BC	SC Kim's Taekwondo	7.800	Keumgang
3	Kerri Kim	BC	K Martial Arts	7.700	Keumgang
3	Eliana Faith Cheng	ON	Sohn's Agape Taekwondo	7.667	Koryo
5	Emily Du	BC	Wen Wu Tang	7.367	Taebaek
6	Chaebin Son	ON	Sohn's Agape Taekwondo	7.333	Koryo
7	Jennifer Wang	BC	Wen Wu Tang	7.267	Keumgang
8	Melody Zhang	BC	Wen Wu Tang	7.000	Taebaek
9	Hitanya Bommu	NL	Hi-Performance Taekwondo	6.767	Taebaek

INDIVIDUAL FEMALE: BLACK BELT - BORN 1964-1973 (U60)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Barbara Evans	SK	Kees Taekwondo Yorkton	7.400	Taebaek
2	Monica Fraske-Bornyk	SK	Kees Taekwondo Yorkton	7.133	Taebaek

RECREATIONAL POOMSAE COMPETITION BLACK BELT - INDIVIDUAL MALE

INDIVIDUAL MALE: BLACK BELT - BORN 2015-2016 (CHILDREN 8-9)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Julian Mak	AB	[Become Better] BB Taekwondo	7.567	Koryo
2	David Firanescu	ON	Canadian Family Taekwondo Programs	7.133	Koryo

INDIVIDUAL MALE: BLACK BELT - BORN 2013-2014 (YOUTH)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Yuchen Jiang	BC	Wen Wu Tang	7.400	Taebaek
2	Hinson Wong	ON	Sohn's Agape Taekwondo	7.067	Koryo
3	Nikshit Mudai	ON	TaeKwonDo Masters Academy of Canada	6.700	Koryo

INDIVIDUAL MALE: BLACK BELT - BORN 2010-2012 (CADET)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	Haydrian Wen	BC	Jeon Eui Taekwondo	7.867	Keumgang
2	Bryson Poon	AB	Calgary Taekwondo Academy	7.633	Taebaek
3	Wesley Chu	BC	Jeon Eui Taekwondo	7.533	Koryo
3	Sebastien Racine	ON	Moohan Taekwondo	7.033	Koryo
5	Jerry Han	BC	Wen Wu Tang	6.967	Taebaek
6	Tyson Poon	AB	Calgary Taekwondo Academy	6.767	Koryo
7	Eric Guo	BC	Wen Wu Tang	6.700	Taebaek
8	Miles Pilarski	ON	Dragon Taekwondo Academy	6.133	Koryo

INDIVIDUAL MALE: BLACK BELT - BORN 2007-2009 (JUNIOR)					
Rank	Name	Province	Club Name	Score	Poomsae Video
1	John - Haozhong Bai	BC	Shaunavon Taekwondo	7.600	Keumgang

INDIVIDUAL MALE: BLACK BELT - BORN 1994-2006 (U30)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Matthew Lawler	BC	Cascadia Martial Arts	7.033	Keumgang
2	Sehwan An	ON	TaeKwonDo Masters Academy of Canada	6.833	Keumgang

INDIVIDUAL MALE: BLACK BELT - BORN 1984-1993 (U40)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Hansaem Lee	ON	TaeKwonDo Masters Academy of Canada	8.333	Taebaek

INDIVIDUAL MALE: BLACK BELT - BORN 1974-1983 (U50)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Andrey Golubovskiy	ON	Master Myung's Taekwondo Academy – Thornhill	7.167	Taebaek

INDIVIDUAL MALE: BLACK BELT - BORN 1958 AND EARLIER (O65)

Rank	Name	Province	Club Name	Score	Poomsae Video
1	Bob Snelling	BC	Cascadia Martial Arts Parksville	7.433	Taebaek
2	Victor Surjik	SK	Kees Taekwondo Yorkton	7.200	Taebaek