



























- GENERAL INFORMATION -

SANCTIONING

World Taekwondo

10th Floor, Booyoung Taepyung Building 55, Sejong-daero, Jung-gu, Seoul Republic of Korea 04513

Pan American Taekwondo Union

General Guadalupe Victoria 214, Zona Centro, 20000 Aguascalientes, Mexico

World Taekwondo G Ranking

To be confirmed by World Taekwondo

ORGANIZER

Taekwondo Canada

2451 Riverside Drive Ottawa, Ontario Canada

K1H 7X7

Contact:

events@taekwondo-canada.com

Website:

taekwondo-canada.com/events/canada-open

VENUE & DATES

WinSport

88 Canada Olympic Road SW Calgary, Alberta Canada T3B 5R5

February 27 & 28, 2026

- CONTESTANTS -

WORLD TAEKWONDO (WT) GLOBAL LICENSE

- A World Taekwondo Global Licence is required by all athletes, coaches and officials participating in the 2026 Canada Open. World Taekwondo Global License registrations & renewals can only be made through the WT recognized Member National Associations and applications should be made at least 2 months before the tournament starts to ensure the WT Global License can be processed and approved in time. The WT Global License must be valid for 2026 or renewed to be used for 2026.
- The WT Global license is the responsibility of all participants (athletes, coaches and officials) participating at the 2026 Canada Open and must be registered and approved through their respective WT Member National Association.
- **There will be NO World Taekwondo Global Licenses registration onsite**

ATHLETE ELIGIBILITY

- Must be a member of the team/club of a pertinent Member National Association (MNA), recognized by World Taekwondo
- Must have a Kukkiwon Dan or Poom certificate
- Must have a valid 2026 World Taekwondo Global License with event pass
- Age Requirements:
 - Cadet Born in 2012, 2013 or 2014
 - Junior Born in 2009, 2010 or 2011
 - Senior Born in 2009 or earlier























COACH ELIGIBILITY& REQUIREMENTS

- Must have a valid 2026 World Taekwondo Global License with event pass
- Must have a valid World Taekwondo Level I Coach Certificate
 - Any coach that is unable to provide proof of a WT coach certification will not be permitted to coach at this event
 - For Access to the WT Level I Coach Certification course please visit: worldtkd.simplycompete.com/courses?pageNumber=1&itemsPerPage=12&courseType= all&isArchived=false&isOffline=

Coach Dress Code and Regulations

- Athletic attire/team tracksuit or business attire
- Jeans and doboks are not permitted
- Closed footwear only; no heels or sandals
- No chewing gum or use of electronic devices, such as cell phones, PDA or video cameras
- Coaches perceived to be under the influence of alcohol/drugs will not be allowed in the competition
- All coaches are required to wear a sport coat for the semi-final and final rounds
- Any type of cap/hat is not allowed

- COMPETITION & RULES -

KYORUGI COMPETITION

Competition Rules

The latest published World Taekwondo Competition Rules & Interpretation shall be applied

Competition System

- Single elimination tournament system will be used for all divisions of kyorugi competition
- Best of three (3) system

Contest Time

- Cadet and Junior divisions 1:30 minutes each round with 1 minute break between each round
- Senior division 2:00 minutes each round with 1 minute break between each round
- The WT Technical Delegate has the authority to adjust the contest time as they see fit

Seeding

- Cadet and Junior divisions random draws
- Senior division seeded according to the latest published 2026 World Taekwondo rankings

Technical Meeting & Drawing of Lots

- The Technical Meeting will be held one (1) day prior to the start of competition on February 25th, 2026
- Kyorugi brackets will be published one (1) day before the start of each competition day by 16:00 local time (MT) on the following platforms:
 - Website: taekwondo-canada.com/events/canada-open
 - Facebook: facebook.com/Taekwondo.Canada























Uniform & Equipment

- **PSS:** KPNP K2 Series Protector and Scoring System
 - Protector and Scoring System (Headgear and Chest Protector) will be provided to athletes
 - The head protector for cadet athletes will be equipped with a face shield
- **Uniform & Equipment:**
 - Athletes are required to wear a World Taekwondo recognized kyorugi competition uniform and World Taekwondo recognized protective equipment
 - Athletes are required to bring their own groin guards, mouthpieces, gloves, KPNP K2 sensing socks and shin and forearm guards for their personal use
 - A list of recognized brands can be accessed at worldtaekwondo.org/wtpartnerswt/recognize.html
- Mats: World Taekwondo recognized mats will be used for this event
- Instant Video Replay (IVR) System will be used

Inspection

- Athletes must pass inspection before each match
- Athletes are responsible for monitoring the call screen and reporting to the Inspection Desk on time
- Failure to report to the Inspection Desk at least two (2) matches prior to the athlete's scheduled match may result in disqualification
- Uniforms and all mandatory equipment are required to be worn at the time of inspection
- Athletes receiving medical attention are not considered checked in at the Inspection Desk

General Weigh-In

- General Weigh-In of athletes shall take place on the day before their respective weight category
 - Athletes may have two attempts to make weight before the end of the weigh-in period
- There will be NO EXEMPTIONS to the published weigh-in time
- Senior athletes: Weigh-in may be conducted in the nude for senior athletes, if they wish to do so
 - Athletes that are 17 years of age and competing in the Senior division must weigh in with underwear(s)
- Cadet and Junior athletes: must be weighed with underwear(s) and 100 grams will be allowed to compensate
- A test scale will be provided one hour prior to General Weigh-in
- Athletes must have photo identification when attending weigh-in
 - Event accreditation can be used as photo identification. Athletes may be asked for additional photo identification (ie. passport, driver's license, school ID, etc.) if event accreditation photo is outdated.

Random Weigh-In

- Random weigh-in of athletes shall take place in the morning of the competition day of their respective weight category
 - Random weigh-in will be conducted with plus 5% tolerance of the athlete's weight category
 - Athletes will have one attempt to make the weight
- There will be no random weigh-in for the following individuals:
 - All Cadet divisions
 - Junior heavy weight divisions (M+78kg & F+68kg)
 - Senior heavy weight divisions (M+87kg & F+73kg)
- The rate of selection for the random weigh-in shall be determined by the number of contestants in the weight category:























More than 32 athletes: 20% of total

17-32 athletes: 6 athletes 9-16 athletes: 4 athletes 4-8 athletes: 2 athletes

Below 4 athletes: no random weigh-in

Random weigh-in lists will be published at 6:30am local time (MT) the morning of each competition day on the following platforms:

Website: taekwondo-canada.com/events/canada-open

Facebook: facebook.com/Taekwondo.Canada

- Selected athletes must be present at the General Weigh-In area at 8:00am local time (MT)
 - Should a contestant that is selected for the random weigh-in fail to appear, he/she will be disqualified

ACCREDITATIONS

- Printed accreditations will be produced for all registered persons
- Registered persons must pick up their printed accreditations onsite at the designated times and locations outlined in the schedule
- Participants may be asked for photo identification at accreditation pick up (ie. passport)

ACCESS TO COMPETITION AREA

- Accreditation is mandatory to access the competition area or the warm-up area
- By accepting and/or downloading, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo events
- Only athletes and their coaches will have admittance with valid accreditations to the contest areas

- EVENTS -

KYORUGI - CADET

MALE DIVISIONS		FEMALE DIVISIONS		
Under 33kg	Not exceeding 33kg	Under 29kg	Not exceeding 29kg	
Under 37kg	Over 33kg and not exceeding 37kg	Under 33kg	Over 29kg and not exceeding 33kg	
Under 41kg	Over 37kg and not exceeding 41kg	Under 37kg	Over 33kg and not exceeding 37kg	
Under 45kg	Over 41kg and not exceeding 45kg	Under 41kg	kg Over 37kg and not exceeding 41kg	
Under 49kg	Over 45kg and not exceeding 49kg	Under 44kg	Over 41kg and not exceeding 44kg	
Under 53kg	Over 49kg and not exceeding 53kg	Under 47kg	Over 44kg and not exceeding 47kg	
Under 57kg	Over 53kg and not exceeding 57kg	Under 51kg	Over 47kg and not exceeding 51kg	
Under 61kg	Over 57kg and not exceeding 61kg	Under 55kg	Over 51kg and not exceeding 55kg	
Under 65kg	Over 61kg and not exceeding 65kg	Under 59kg	Over 55kg and not exceeding 59kg	
Over 65kg	Over 65kg	Over 59kg	Over 59kg	

KYORUGI - JUNIOR

MALE DIVISIONS		FEMALE DIVISIONS	
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42kg
Under 48kg	Over 45kg and not exceeding 48kg	Under 44kg	Over 42kg and not exceeding 44kg
Under 51kg	Over 48kg and not exceeding 51kg	Under 46kg	Over 44kg and not exceeding 46kg
Under 55kg	Over 51kg and not exceeding 55kg	Under 49kg	Over 46kg and not exceeding 49kg























Under 59kg	Over 55kg and not exceeding 59kg	Under 52kg	Over 49kg and not exceeding 52kg
Under 63kg	kg Over 59kg and not exceeding 63kg Under 55kg Over 52kg and not exce		Over 52kg and not exceeding 55kg
Under 68kg	Over 63kg and not exceeding 68kg Under 59kg Over 55kg and not exceeding		Over 55kg and not exceeding 59kg
Under 73kg	Over 68kg and not exceeding 73kg	Under 63kg	Over 59kg and not exceeding 63kg
Under 78kg	Over 73kg and not exceeding 78kg	vg Under 68kg Over 63kg and not exceeding 68kg	
Over 78kg	Over 78kg	Over 68kg	Over 68kg

KYORUGI - SENIOR

MALE DIVISIONS		FEMALE DIVISIONS		
Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46kg	
Under 58kg	Over 54kg and not exceeding 58kg	Under 49kg	Over 46kg and not exceeding 49kg	
Under 63kg	Over 58kg and not exceeding 63kg	Under 53kg	Over 49kg and not exceeding 53kg	
Under 68kg	Over 63kg and not exceeding 68kg	Under 57kg	Over 53kg and not exceeding 57kg	
Under 74kg	Over 68kg and not exceeding 74kg	Under 62kg	Over 57kg and not exceeding 62kg	
Under 80kg	Over 74kg and not exceeding 80kg	Under 67kg	Over 62kg and not exceeding 67kg	
Under 87kg	Over 80kg and not exceeding 87kg	Under 73kg	73kg Over 67kg and not exceeding 73kg	
Over 87kg	Over 87kg	Over 73kg	Over 73kg	

- REGISTRATION & ACCREDITATION -

ONLINE REGISTRATION

- Individual and/or team registration must be completed online at worldtkd.simplycompete.com
- Event registration is only possible with a valid 2026 World Taekwondo Global License
- Registrations onsite will not be accepted
- Athletes born in 2009 are permitted to compete in up to two (2) events: Junior Kyorugi AND Senior Kyorugi

TIMELINES & FEES

All registration deadlines are in Local Calgary Time (Mountain Time)

	TIMELINE	ATHLETES	COACHES	CHANGES TO EVENT
REGULAR REGISTRATION	Before February 6, 2026	\$155 USD Per individual for 1 event	\$100 USD	Contact events@taekwondo-canada.com
LATE REGISTRATION	February 7, 2026 to February 13, 2026 at 17:00 MT	\$195 USD Per individual for 1 event	\$100 USD	Contact events@taekwondo-canada.com
ONSITE	NO REGISTRATIONS WILL BE ACCEPTED ONSITE		\$50 USD or \$70 CAD for each change	

IMPORTANT NOTE REGARDING REGISTRATION DEADLINES: All events must be registered within the applicable deadline - regular or late. If a participant registers an event during the regular registration























period and later adds or changes an event during the late registration period, the Simply Compete will adjust the earlier registration to reflect the late registration rate.

Weight Changes

- Weight changes prior to the February 13th, 2026 at 17:00 MT deadline can be made by emailing events@taekwondo-canada.com with no additional fee
- Weight changes after February 13th, 2026 at 17:00 MT deadline must be made onsite at the accreditation desk with a \$50 USD fee (or \$70 CAD)
- Weight changes will be accepted up until the start of general weigh-in for the respective divisions:
 - 10:00 on February 26th, 2026 for Cadets and Juniors
 - 10:00 on February 27th, 2026 for Seniors

PAYMENT

ALL ENTRY FEES SHALL BE PAID IN ADVANCE TO TAEKWONDO CANADA THROUGH SIMPLY COMPLETE DURING REGISTRATION

PAYMENT FOR REGISTRATION WILL NOT BE ACCEPTED ON SITE.

- Payments must be made IN FULL prior to the respective deadline to secure the corresponding rate
- Fees for event changes after registration deadline shall be collected at the accreditation desk
- There will be **NO REFUNDS** for this event
- If a wire transfer needs to be done directly to Taekwondo Canada due to national policies of MNA, please refer to the following information:

Name on account: Taekwondo Canada Name of bank: Bank of Montreal

Bank address: 250 Greenbank Road, Ottawa, Ontario, K2H 8X4

Account number: 4604-940 Transit number: 29996 Institution number: 001

Swift code: **BOFMCAT2XXX**

SUBMIT A COPY OF YOUR WIRE TRANSFER PAYMENT TO: EVENTS@TAEKWONDO-CANADA.COM

- AWARDS -

- Awards will be presented after the conclusion of each kyorugi competition day
- Special awards for Cadet and Junior athletes will be presented after the conclusion of the Cadet & Junior kyorugi competition day
- All other Team and Special awards will be presented after the conclusion of the Senior kyorugi competition day
- Full results will be posted on the Taekwondo Canada website after each day of competition

Individual Awards

Medals will be awarded to the top four athletes in each event

1st Place: Gold Medal 2nd Place: Silver Medal 3rd Place: Bronze Medal 3rd Place: Bronze Medal























Team Awards

Team awards will be given out to the top four (4) countries based on medalists

Special Awards

- Best Male and Best Female Kyorugi Coach
- Best Male and Best Female Kyorugi International Referee
- Best Male and Best Female athlete in the Cadet Kyorugi Division
- Best Male and Best Female athlete in the Junior Kyorugi Division
- Best Male and Best Female athlete in the Senior Kyorugi Division

- MEDICAL CONTROL -

EVENT MEDICAL SUPPORT

A Physician & Athletic Therapists will be onsite (ringside and in the designated medical areas) to provide injury and illness care for all participants

ANTI-DOPING

- The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions
- Compulsory anti-doping tests will be carried out for selected medalists, while random tests will be conducted to the rest of the athletes
- The WT and/or WADA may carry out random out of competition testing prior to this event

Therapeutic Use Exemption (TUE)

- Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. If you do not have an ADAMS account yet, please contact tue@ita.sport to have it set up.
- Otherwise, please download the TUE Application Form at International Testing Agency Therapeutic Use Exemption (TUE) Application Form - International Testing Agency (ita.sport) and once duly completed and signed, send it together with the required medical file to tue@ita.sport with copy to antidoping@worldtaekwondo.org by at least 30 days before the first competition day. For more details, please see the following page of the WT website: worldtaekwondo.org/anti dopingwt/therapeutic.html

MOUTHGUARDS, TAPING & BRACING

The latest published World Taekwondo Mouth guard, Taping and Bracing rules will be applied

MEDICAL INSURANCE

- It is mandatory for all participating athletes, coaches and team officials to have medical insurance that covers medical care and in case of emergency, repatriation to their home country
- All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs























- VISA INFORMATION -

ENTRY VISA INFORMATION

The visa invitation letter for each registered individual will be automatically generated from WT GMS platform if the visa is requested during the registration for the event. All members who need an entry visa to Canada must be registered for the event in GMS. You must then use this letter to apply for you or your team member's visa.

If you need assistance with a Visa letter, please contact events@taekwondo-canada.com.

Visa Information

- Participants are required to check Canada's entry visa application waiting times in their own countries and submit requests for recommendation letters through the online form if applicable
- The Organizing Committee cannot guarantee entry into Canada and can only offer assistance
- It is the responsibility of each participant to apply for and secure the correct entry visa for Canada if required
 - The visa application process should be started at least one week before the waiting time deadline in the participant's home country

- MEDIA & PRESS -

MEDIA ACCREDITATION

- Registered media and press officials or official photographers are entitled to receive a media and press accreditation card
 - For more information, contact Taekwondo Canada at ed@taekwondo-canada.com
- By accepting a media and press accreditation, the accredited person agrees to follow the instructions of Taekwondo Canada at all times

- FLIGHTS, ACCOMMODATION & TRANSPORTATION -

FLIGHTS

Our official carrier, Air Canada, offers discounts on flights from any city in its international network to Calgary, Alberta, Canada through its Meetings and Events program. Simply use the following promotional code **CGZW44Q1** before starting your flight search at aircanada.com to access special fares:

- 10% discount on standard Economy Class fares and lower Premium Economy and Business Class fares
- 15% discount on Flex fares and higher fares in Economy Class, Premium Economy Class, and Business Class

ACCOMMODATIONS

All accredited individuals participating at the event are strongly recommended to book their accommodations at the designated event hotels. Full details on designated host hotels, including booking links and preferred rates are provided at the end of the Information Package.

Participants are responsible for making their own reservations directly with the host hotels and are advised to book early to ensure availability.























TRANSPORTATION

Transportation is the sole responsibility of participants. All attendees are expected to arrange their own transportation between the airport, host hotel, competition venue, and any other event locations.

Should official event transportation options become available, details will be communicated to registered participants in advance of the event.

- ADMISSION -

SPECTATOR TICKETS

Ticket Type	Price
Single Day - Adult	\$20.00 CAD
Single Day - Child (Ages 5-12)	\$10.00 CAD
Single Day - Senior (Ages 65+)	\$10.00 CAD
Event Pass - Adult	\$50.00 CAD
Event Pass - Child (Ages 5-12)	\$20.00 CAD
Event Pass - Senior (Ages 65+)	\$20.00 CAD

- Wristbands will be given as a spectator's pass and must be worn at all times
- Children aged 4 and under are free
- Payment for spectator tickets can be made onsite at the admission desk

LIVESTREAM

Competition live stream can be accessed through the Taekwondo Canada YouTube Channel

- SAFE SPORT -

If you are a victim or witness of harassment, abuse or discrimination in sport, contact the free, anonymous and confidential Canadian Safe Sport Program Helpline to report and/or be referred to the appropriate resources:

- Call or text: 1-866-971-2777
- safesport@cssp.realresponse.org

For more information on the Canadian Safe Sport Program, please visit cces.ca/canadian-safe-sport-program.

The Canadian Safe Sport Program Helpline is not a crisis line. For all urgent situations requiring immediate intervention, contact 911.























- SCHEDULE -

EVENT SCHEDULE

Times and locations are subject to change

DATE	TIME (MT)	EVENT	LOCATION
February 25, 2026	9:00 - 16:00	Accreditation Pick Up	TBC
	17:00	Technical Meeting for Poomsae and Kyorugi	WinSport
	8:30 - 15:30	Accreditation Pick Up (Kyorugi & Coaches only) & Admission	WinSport
February	9:00	Poomsae Competition	WinSport
26, 2026	10:00 - 12:00	General Weigh-In for Cadet and Junior Kyorugi divisions	WinSport
	16:00	Publication of Cadet and Junior Kyorugi draw sheets	
	6:30	Publication of Random Weigh-In for Junior Kyorugi divisions	
	8:00	Random Weigh-In for Junior Kyorugi divisions	WinSport
February 27, 2026	8:30 - 15:30	Accreditation Pick Up (Kyorugi & Coaches only) & Admission	WinSport
	9:00	Cadet and Junior Kyorugi Competition	WinSport
	10:00 - 12:00	General Weigh-In for Senior Kyorugi divisions	WinSport
	16:00	Publication of Senior Kyorugi draw sheets	
February 28, 2026	6:30	Publication of Random Weigh-In for Senior Kyorugi divisions	
	8:00	Random Weigh-In for Senior divisions	WinSport
	8:30 - 15:30	Admission	WinSport
	9:00	Senior Kyorugi Competition	WinSport























- MEDIA RELEASE -

I hereby agree to be filmed, videotaped and photographed, and to have my name, image, picture, likeness, voice and biographical information otherwise recorded, in any media, by Taekwondo Canada (TC) and its official photographers and video crews, and by any other entity authorized by Taekwondo Canada (the "Footage"). I hereby grant Taekwondo Canada and its assigns the irrevocable, perpetual, fully paid up, worldwide right and license to use, and to authorize third parties to use, in all media, the Footage for: (1) news and information purposes, (2) promotion of me and the specific competition(s) in which I compete, (3) promotion of Taekwondo Canada Teams, and (4) promotion of Taekwondo Canada without the need to seek any further consent from me.

I acknowledge and agree that the programming in which the Footage is used, and the media through which the Footage is distributed, may contain advertising and sponsorships; provided that, in no event may Taekwondo Canada use or authorize the commercial use of the Footage in any manner that would imply my endorsement of any company, product, or service, without my written permission.

My permission will not be unreasonably withheld, delayed or conditioned provided that the proposed commercial association does not create sponsor conflicts for me. Taekwondo Canada shall have all right, title and interest in any and all results and proceeds from usage of the Footage.





















8220 Bowridge Crescent NW Calgary, AB T3B 2V1 403-202-4411

Four Points West Site

Distance to Venue (WinSport): 1.7 Km / 7 minutes
Distance to Airport: 34 Km / 25 minutes

Guestroom Rates:

Queen Suite(2 Queen/sofa bed) \$179 s/d-\$199 s/q +tax Queen Standard (Queen/King) \$159 s/d - \$179 s/q +tax

Booking Rooms: Individuals can call 403-288-4441 and quote group name "2026 Canada Open Taekwondo Championship". Or please use website link: https://www.marriott.com/event-reservations/reservation-link.mi?id=1753457160949&key=GRP&app=resvlink to book your rooms. Credit card number is required to guarantee the booking.

Teams please contact – Karam Hammoud, Sales Manager, salesmgr@fourpoints-Calgary.ca

Information:

- Breakfast included
- Complimentary WiFi
- Avenue 16 Kitchen & Bar
- Check-in time is 3pm and check-out is 12 NOON
- Indoor Heated Pool, Waterslide and Fitness Centre
- Fridges & microwaves in all rooms

Individual Cancellations: 7 days prior to arrival before 6pm to avoid a penalty of 1 night room and tax.







Group Cut off Date: Jan 9th, 2026





125 Bowridge Drive NW Calgary, AB T3B 3R6 403-288-6033

Sandman West Site

Distance to Venue (WinSport): 1.9 km / 6 mins Distance to Airport: 34.1 km / 25 mins

Guestroom Rates:

Standard room (2 double beds) - \$135 s/q Standard Suite (King/Sofa Bed + kitchenette) - \$145 s/q Family Suite (King/2 singles + kitchenette) - \$155 s/q

Booking Rooms: Individual attendees can call 403-288-6033. Group Name: 2026 Canada Open Taekwondo
Championships or use reservation link
https://reservations.sandmanhotels.com/113125?&groupID=4881245#/

Information:

- Complimentary WiFi
- · Heated Indoor Pool, whirlpool and Fitness Centre
- Complimentary parking
- Denny's Restaurant 24 Hours
- Bar One Urban Lounge
- Fridges & microwaves in all suites
- · Discounted team menus
- Coin laundry

Individual Cancellations: 72 hours prior to arrival. Any reservation cancelled during time frame is subject to one night room & taxes.







Group Cut off Date: Jan 24th, 2026





2359 Banff Trial NW Calgary, AB T2M 4L2 403-289-1973

Aloft University Site

Distance to Venue (WinSport): 8.8 km / 13 min Distance to the Airport: 17.5 km / 22 min

Guestroom Rates:

Standard Queen/Queen - \$159.00+taxes s/d Standard Queen/Queen - \$169.00+taxes s/t Standard Queen/Queen - \$179.00+taxes s/q

Booking Rooms: Individuals can call 403-289-1973 and quote group name "2026 Canada Open Taekwondo Championships". Or please use website link: https://www.marriott.com/event-reservations/reservation-link.mi?id=1753461832049&key=GRP&app=resvlink to book your rooms. Credit card number is required to

book your rooms. Credit card numbe guarantee the booking.

Information:

- Complimentary Hot Buffet Breakfast
- Complimentary High-Speed Internet
- Complimentary Parking
- Check-in time is 3pm and check-out is 12 noon
- W XYZ Bar and Lounge
- Re:fuel by Aloft gourmet pantry
- Indoor Pool, Fitness Centre and Spa

Individual Cancellations: 7 days prior to arrival







