



2026 CANADA OPEN G2 - KYORUGI  
 FEBRUARY 26 - 28, 2026 / CALGARY, ALBERTA, CANADA



## POOMSAE COMPETITION SCHEDULE

COURT 1	COURT 2	COURT 3
JUNIOR FEMALE INDIVIDUAL	JUNIOR MALE INDIVIDUAL	U30 MALE INDIVIDUAL
CADET MALE INDIVIDUAL	U30 FEMALE INDIVIDUAL	CADET FEMALE INDIVIDUAL
	U50 MALE INDIVIDUAL	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
U60 MALE INDIVIDUAL	U50 FEMALE INDIVIDUAL	U65 MALE INDIVIDUAL
CADET FEMALE TEAM	U40 FEMALE INDIVIDUAL	U40 MALE INDIVIDUAL
CADET MALE TEAM	U60 FEMALE INDIVIDUAL	U30 MIXED PAIR
CADET MIXED PAIR	O65 MALE INDIVIDUAL	U30 MALE TEAM
JUNIOR MALE TEAM	O65 FEMALE INDIVIDUAL	U30 FEMALE TEAM
JUNIOR FEMALE TEAM	O17 MALE INDIVIDUAL FREESTYLE	U50 MALE TEAM
JUNIOR MIXED PAIR	U17 MALE INDIVIDUAL FREESTYLE	U50 FEMALE TEAM
UNDER 60 MALE TEAM	U17 MIXED PAIR FREESTYLE	U50 MIXED PAIR
UNDER 60 MIXED PAIR		O17 FEMALE INDIVIDUAL FREESTYLE
		U17 FEMALE INDIVIDUAL