



TAEKWONDO CANADA

2026 TAEKWONDO CANADA NATIONAL CHAMPIONSHIPS - POOMSAE SCHEDULE

DAY	COURT 1	COURT 2
Feb 5th	Junior Female - Qualification (27)	Junior Male - Semi-Final (13)
	O65 Female - Final (3)	Youth Male - Final (4)
	Junior Female - Semi-Final (16)	Youth Female - Semi-Final (11)
	U60 Female - Final (4)	Junior Male - Final (8)
	Junior Female - Final (8)	Youth Female - Final (8)
		U60 Male - Final (4)
		Para Male Junior - Final (1)
		Para Male Senior - Final (1)
	LUNCH	LUNCH
	Cadet Male - Qualification (24)	Cadet Female - Qualification (24)
	Cadet Male - Semi-Final (16)	U65 Male - Final (6)
	O65 Male - Final (3)	Cadet Female - Semi-Final (16)
	Cadet Male - Final (8)	U65 Female - Final (3)
	Freestyle O17 Female (3)	Cadets Female (8)
	Freestyle U17 Female (1)	
	Freestyle O17 Male (3)	
	Freestyle U17 Male (1)	
Feb 6th	Female U30 - Qualification (20)	U30 Male - Semi-Final (11)
	Cadet Male Team - Semi-Final (3)	Junior Pair - Semi-Final (9)
	U30 Female - Semi-Final (12)	U30 Male - Final (8)
	Junior Male Team - Final (3)	Cadet Female Team - Final (4)
	U30 Female - Final (8)	Junior Pair - Final (8)
		Cadet Pair - Final (8)
	LUNCH	LUNCH
	U30 Pair - Final (4)	O60 Pair - Final (3)
	O60 Female Team - Final (1)	U40 Female - Final (7)
	U50 Female - Final (8)	U40 Male - Final (5)
	U30 Female Team - Final (5)	Youth Female Team - Final (2)
	Junior Female Team - Final (6)	Youth Pair - Final (1)
	U30 Male Team - Final (2)	U50 Male - Final (3)
	Freestyle Pair O17 (2)	U50 Female Team - Final (2)
	Freestyle Pair U17 (1)	U60 Pair - Final (2)
		U50 Pair - Final (6)
		U60 Female Team - Final (1)
		U60 Male Team - Final (1)
		U50 Male Team - Final (1)
		O60 Male Team - Final (1)