

WT FREESTYLE POOMSAE COMPETITION

Judge's Score Sheet

WORLD TAEKWONDO		Mandatory Stances								Court #					
		Hakdari Seogi ☐ Beom Seogi ☐ Dwitkubi ☐								Contestant #					
Category	Sub-Category	Score Allocation										Score			
		Very Poor	Poor	Poor	Poor	Average	Average	Good	Good	Excellent	Excellent	Perfect			
		0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0			
		Basic score for the mandatory foot techniques ranges between 0.0 and 0.7 according to balance and accuracy of execution of the kicks (mastery of performance).								Add 0.1, 0.2 or 0.3 points to the given basic score according to the following criteria					
Technical Skills (6.0)	Level of Difficulty of foot Techniques (5.0)	Height of Jumping Side Kick	Below Belt	Average basic score for the performance of jumping side kick is 0.4 – 0.5 points.								Body	Face	Over Face	
			0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.1	0.2	0.3		
		Multiple Kicks in the Air	< 3 kicks	Average basic score for the performance of number / level kicks in the air is 0.4 – 0.5 points.								3 kicks any type	4 kicks any type	5 kicks any type	
			0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.1	0.2	0.3		
		Gradient of Spins in a Spin Kick	< 360°	Average basic score for the performance of jumping turning kicks (360° <) is 0.4 – 0.5 pts.								360° Body	540° Face	720° Face <	
			0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.1	0.2	0.3		
		Performance level of consecutive Sparring Kicks	< 7 kicks	Average basic score for the performance of 7 to 10 consecutive sparring kicks is 0.4 – 0.5 points.								Low level	Mid. level	High level	
			0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.1	0.2	0.3		
		Acrobatic Kicking Technique	No kick	Average basic score for the performance of acrobatic action with TKD kicks is 0.4 – 0.5 pts.								Low level	Mid. level	High level	
			0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.1	0.2	0.3		
		Basic Movements and Practicability		0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
		Deductions - Technical Skills													
(Mandatory stances, Falling (out of sequence), more than 3 acrobatic kicks)															
Sub-Total score of Technical Skills (6.0)												()			
Presentation (4.0)	Creativity		0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0		
	Harmony		0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0		
	Expression of energy		0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0		
	Music & Chorography		0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0		
	Sub-Total score of Presentation (4.0)												()		
Total Score (10) of (Technical Skills) + (Presentation) =															
*Deductions (see checklist for the deductions)															
Total Score – Deductions = Final Score															
*Referee: Deduction (Time + Cross the Boundary Line + Restart) penalties from the Total Score. Referee shall declare the winner and issue "Gam-jeom" only after the judges' decision has been confirmed. – notify the Computer Operator															
Judge's Names of Number: _____ Judge's Nation: _____ Signature: _____															